



**2023  
ANNUAL  
REPORT**

**COMMITMENT TO RECOVERY. COMMITMENT TO QUALITY**



# CONTENTS

Organizational Overview .....	04	Quality Improvement .....	12
Organizational Alignment .....	04	Statistics .....	13
Message from the President & CEO .....	05	Hep C Team .....	14
Message from Past President .....	06	Wayside Family Program .....	16
Treasurer's Report .....	07	Step Up for Wayside .....	17
Auditors Report .....	08	Building Recovery .....	18
Audit Statements .....	09	Testimonials & Acknowledgments .....	19

## BOARD MEMBERS

- Khang Nguyen** – President
- John Hartnett** – Past President
- Rene Juneja** – Treasurer
- Joey Temprile** – Secretary
- Anthony Volpe** – Director
- Ryan McHugh** – Director
- Gordon Conlin** – Director
- Nancy Watt** – Director
- Charles Robertson** – Director
- Erica Lamont** – Director

## CONTACT INFORMATION

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Ontario L8P 2B8

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- Fax:** (905) 528 7057

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Centre canadien  
de l'agrément

# DEDICATION

## BRENNAN COOMBS

October 4th, 1984 – October 9th, 2022

We dedicated this year's Annual Report to Brennan Coombs. Brennan was not only an extremely dedicated Peer Support staff member, he was a father, son, brother and friend. Brennan showed all of us what recovery was about. He also showed us the realities of addiction. He left so many with a spirit of optimism, hope and promise. He left his mark on Wayside House and will long be remembered by his peers, fellow staff members, volunteers and Board. The Board has dedicated our High Intensity Opioid beds in his name. Brennan was instrumental in renovating this room and making those beds available at a time when demand reached epidemic levels.

Wayside must also recognize all others who we lost this year as well. Sadly, the number of men lost continues to rise. This only helps reinforce our commitment. We all need to better understand the realities of the lives our clients live. Their struggles, their fears and their pain. We can't sit back quietly and let others suffer.



## STAFF



Regan Anderson  
Dr. Myles Sergeant  
Bobby Silva  
Robert Primrose  
Ryan Kitchen  
Bahar Ighani  
Jason Paulley  
Michael Van Arragon  
Emma Abramowitz  
Ken Barwick  
Andrew Bell  
Aaron Carubba  
Alison Daley  
Jack Daniels  
Tyler de Melo  
Chloe A. Di Benedetto  
Paige Faber  
James Jarrett  
Amber Moreira  
Calvyn Lewis  
John Lang  
Danielle Martino  
Amit Parmar  
Steven Presta  
Diana Straus  
Simrat Tung  
Kathleen Thomas

*\*Resigned during year*

**Chief Executive Officer**  
**Medical Director**  
**Clinical Supervisor**  
**House Manager**  
**Program Manager**  
**Nurse Practitioner**  
**Hepatitis C Coordinator**  
**Intake Coordinator & Addiction Case Manager**  
**Integrated Hep C Outreach Worker & Addictions Specialist**  
**Addiction Case Manager**  
**Addiction Case Manager**  
**Quality Improvement & Data Management Lead**  
**Patient Health Navigator & Addiction Case Manager\***  
**Addiction Case Manager**  
**Addiction Case Manager\***  
**Addiction Case Manager**  
**Director of Development**  
**Peer Support Worker**  
**Integrated Hep C Social Worker**  
**Addiction Case Manager**  
**Peer Support Worker**  
**Addiction Case Manager**  
**Addiction Case Manager**  
**Addiction Case Manager**  
**Hep C Registered Nurse**  
**Addiction Case Manager\***  
**Addiction Case Manager**



# ORGANIZATIONAL OVERVIEW

Wayside House of Hamilton is a not-for-profit, community-based charitable organization dedicated to empowering the substance-dependent man to accept and sustain a purposeful life of sobriety. Through education, counselling, advocacy and support we strive to improve the quality of life for the substance-dependent man through the provision of addiction knowledge and life skills in a substance-free environment. All Wayside House services are open to everyone

regardless of race, colour, creed, ethnic origin, sexual orientation, religion, or economic status. Wayside House seeks to remain on the cutting edge of innovation while enriching the client experience and empowering individuals to redefine their lives. By maintaining a standard of excellence, Wayside House seeks to facilitate change and recovery through multi-faceted and personalized approach.

# ORGANIZATIONAL ALIGNMENT

## OUR MISSION

As a community based non-for profit charitable organization, Wayside House of Hamilton is committed to residential addiction treatment and supportive housing for males and transitional aged male youth, including those with concurrent disorders. Wayside House provides quality, evidence informed programming through integrated services and partnerships in the province of Ontario.

## OUR VISION

To be the provider of choice for men's substance-dependent evidence-informed services.

## OUR PROGRAM FOCUS

Integrated Residential Addiction Treatment and Supportive Housing for Men, with an emphasis on concurrent disorders in a trauma-informed environment.

## OUR GUIDING PRINCIPLES

- Honesty & Integrity
- Sustainability & Accessibility
- Quality Improvement
- Responsibility & Accountability
- Cooperation & Collaboration
- Safety

## OUR BELIEFS

- We believe that recovery from substance dependency is possible and achievable.
- We believe that every individual has a right to recovery.
- We believe in developing and fostering a client-centric environment to empower individuals to take responsibility and accountability for their own recovery, needs, strengths and weaknesses, and goals.
- Confidentiality and trust are integral to an environment where individuals can recover.

- We believe that the care-path for every client should include the components of the social determinants of mental health and addiction: specifically, freedom from discrimination & violence, social inclusion, and access to economic resources.

## OUR VALUES

- Integrity and accountability at every level of the organization and its interactions.
- An ethical, evidence-based treatment framework
- Respect for diversity, embracing differences and developing an environment free from discrimination

## OUR PHILOSOPHY

- In support of Wayside House of Hamilton's vision, mission, and values, we will consistently provide high quality services to enable men to recover and maintain abstinence from substance dependency. We are committed to continuous, long-term improvement so that we may consistently meet the needs of the individuals we serve. Clients determine their primary measures of success and their best interest always remains at the center of our decision-making.
- We believe that addiction is not a character flaw or a moral failing but a chronic health condition which deserves to be treated with care, backed by evidence-informed treatment in a safe environment that fosters consistent, positive outcomes. It is the philosophy of Wayside House of Hamilton that we will:
  - Embrace a culture of continuous improvement, critical thought, and innovation.
  - Empower the client to take ownership of and responsibility for their program.
  - Employ best practices in service delivery and ensure treatment of the highest quality.

# FROM THE PRESIDENT AND CEO

It was an honour this past year to earn unanimous support from fellow Board Directors and to be promoted into the role of President of Wayside House of Hamilton. Following the impressive tenure and leadership of Wayside's outgoing President John Hartnett, it was a privilege to be trusted to carry on and develop upon the wonderful work already done, bringing forth both challenge and opportunity. As former Vice President, with extensive and varied experience on the Board, I was able to directly experience the organization's operations, not only from the viewpoint of the Board but also from the perspective of the program itself, making for a more seamless transition.

We remain challenged this year with continued pressures on our program and services. Wait times continue to be a persistent barrier for those seeking service. However, our innovative wait-time strategy, with dedicated resources from the Ministry, help manage and mitigate these difficulties. Ministry support and investments in new beds and quality management have been crucial, helping us better position ourselves to be more favorable in addressing the needs within the community and of the clients we serve.

This year saw us investing significantly in being future ready and prepared for growth. Through innovative partnerships and investment opportunities, we looked to expand our service plan to better meet the dynamic landscape and ever-growing needs of the community. Wayside's expansion needs must be carefully measured and calculated, and risks need to be weighed in favor of our clients. Delaying an expansion plan would cause more harm and would further delay access to care.

As President, I want to thank our tremendous staff and supporting Partners for their tireless dedication and incredible work every day. Wayside House would not be where we are today, nor would we be celebrating any successes, without them. We have also experienced significant loss this year in both staff and client deaths. Addiction continues to wreak havoc and attempts to undermine our efforts. System pressures, activists and health instability has made serving our clients increasingly difficult. Nevertheless, we remain committed and diligent in our efforts and are continuously motivated by the overwhelming community support and successes we have had and continue to have in serving our clients. We believe in opportunity. We believe in change, and we believe in recovery.

I join our CEO in submitting this report this year. I know that together we will achieve our goals and manage our Strategic and Operating plan effectively.



Khang Nguyen  
President, Board of Directors



Regan Anderson  
CEO

# MESSAGE FROM JOHN HARTNETT

## PAST PRESIDENT

Earlier this year, I facilitated my last meeting as Board Chair of Wayside House of Hamilton. With that meeting, I completed nine years of service on the board as a director, and for the last seven years, Board Chair. As I reflect on my time in the service of this terrific organization, I am reminded of where my journey started.

My early days as an employee, back in 2010, opened my eyes to the reality of the client experience and the exceptional commitment of our staff. I will never forget the early lessons in humility after being exposed to what some of our clients have lived through. The group meetings, holiday gratitude sessions, and client testimonials at our AGM repeatedly emphasized the courage it takes these men to uproot their lives and face their addiction head on. I have nothing but the utmost respect for men who lean into adversity and demand something better of themselves.

Thank you to those men who choose recovery.

Since joining the board, these same men have sought me out to ensure I hear directly from the source about the remarkable work their counsellors are doing. The staff of Wayside are the lifeblood of this organization. I have seen nothing short of excellence from those I have been around over the past 13 years. I am in awe of those who stepped up during the uncertainties of the pandemic to ensure the men we serve could continue to receive quality care. Thank you for stretching your roles to help create innovative programs and opportunities for our clients. I believe it is your desire to support these men on their difficult journeys that makes our programs exceptional. You have always been the catalysts to life changing transformations that happen inside our unassuming building on Charlton Avenue West.

When I stepped into the Chair position, I challenged my peers and our CEO to think about where we wanted the organization to be. We agreed to do our best to make informed decisions based on quality indicators to pursue these goals. As a result, I believe we have seen tremendous success in imparting change across the entire organization over the years. Some of the highlights include:

- An improved staffing model that offers 24/7 clinical care, an onsite RN and Nurse Practitioner
- Community Integration through new relationships formed through community outreach,
- Improvements to the building including the net new beds and accessibility through digital tools,
- Development of the Quality Improvement metrics which were later adopted provincially,
- Expansion to offer Opiate Replacement Therapies,
- A revitalized fundraising strategy that has seen fundraising targets achieved year over year, allowing new programs and expansion efforts to take flight,
- Stronger documentation and governance practices driven through a voluntary certification by the Canadian Centre for Accreditation
- Wayside receiving provincial recognition of the highest degree through our CEO: the 2017 Ontario Minister's Medal for an Individual contributor was awarded to Regan Anderson.

In closing, my tenure on the Board has been a transformative journey filled with challenges and triumphs. I am immensely proud of the progress we've made, the impact we've had on the community, and the dedicated people I've had the privilege to work alongside. As I pass the torch, I am confident that the organization is poised for even greater success in its mission, and I am grateful for the opportunity to have played a part in its growth and positive change.



John Hartnett  
Past President, Board of Directors



# AUDITOR'S REPORT

## QUALIFIED OPINION

We have audited the financial statements of Wayside House of Hamilton (the Organization), which comprise the statement of financial position as at March 31, 2023, and the statements of changes in net assets, operations and cash flows for the year then ended, and notes to the financial statements, including a summary of significant accounting policies. In our opinion, except for the possible effects of the matter described in the Basis for Qualified Opinion section of our report, the accompanying financial statements present fairly, in all material respects, the financial position of the Organization as at March 31, 2023, and the results of its operations and cash flows for the year then ended in accordance with Canadian accounting standards for not-for-profit organizations (ASNPO).

## BASIS FOR QUALIFIED OPINION

In common with many charitable organizations, the Organization derives revenue from fundraising activities and donations, the completeness of which is not susceptible of satisfactory audit verification. Accordingly, our verification of these revenues was limited to the amounts recorded in the records of the Organization and we were not able to determine whether any adjustments might be necessary to contributions, excess of revenues over expenses, current assets and net assets. Our audit opinion on the financial statements for the year ended March 31, 2023 was modified accordingly because of the possible effects of this limitation of scope.

We conducted our audit in accordance with Canadian generally accepted auditing standards. Our responsibilities under those standards are further described in the Auditor's Responsibilities for the Audit of the Financial Statements section of our report. We are independent of the Organization in accordance with ethical requirements that are relevant to our audit of the financial statements in Canada, and we have fulfilled our other ethical responsibilities in accordance with these requirements. We believe that the audit evidence we have obtained is sufficient and appropriate to provide a basis for our qualified audit opinion.

# TREASURER'S REPORT

Welcome everyone to our 56th Annual General Meeting. It is my pleasure to serve as the Treasurer for Wayside House and to present the Treasurer's Report for the fiscal year end of March 31, 2023. It gives me great pleasure to announce that the organization was awarded Ministry one-time funding along with a significant increase in donations in support of Wayside programming. Thank you to everyone that participated in the Walk and to those that worked tirelessly behind the scenes to make it a success. Wayside House of Hamilton is undertaking a major capital campaign to support the expansion of our program and your support will be even more important as we move forward in the next couple of years.

I would like to mention our partners Thrive Group and Vine and Partners LLP for their continued professionalism, support and guidance they have provided Regan Anderson, CEO and the Board especially over the past year.

Respectfully submitted,



Sarbjit (Rene) Juneja, MBA, CPA-CMA, CD

## RESPONSIBILITIES OF MANAGEMENT AND THOSE CHARGED WITH GOVERNANCE FOR THE FINANCIAL STATEMENTS

Management is responsible for the preparation and fair presentation of the financial statements in accordance with ASNPO, and for such internal control as management determines is necessary to enable the preparation of financial statements that are free from material misstatement, whether due to fraud or error.

In preparing the financial statements, management is responsible for assessing the Organization's ability to continue as a going concern, disclosing, as applicable, matters related to going concern and using the going concern basis of accounting unless management either intends to liquidate the Organization or to cease operations, or has no realistic alternative but to do so. Those charged with governance are responsible for overseeing the Organization's financial reporting process.

## AUDITOR'S RESPONSIBILITIES FOR THE AUDIT OF THE FINANCIAL STATEMENTS

Our objectives are to obtain reasonable assurance about whether the financial statements as a whole are free from material misstatement, whether due to fraud or error, and to issue an auditor's report that includes our opinion. Reasonable assurance is a high level of assurance, but is not a guarantee that an audit conducted in accordance with Canadian generally accepted auditing standards will always detect a material misstatement when it exists. Misstatements can arise from fraud or error and are considered material if, individually or in the aggregate, they could reasonably be expected to influence the economic decisions of users taken on the basis of these financial statements. As part of an audit in accordance with Canadian generally accepted auditing standards, we exercise professional judgment and maintain professional skepticism throughout the audit. We also:

- Identify and assess the risks of material misstatement of the financial statements, whether due to fraud or error, design and perform audit procedures responsive to those risks, and obtain

audit evidence that is sufficient and appropriate to provide a basis for our opinion. The risk of not detecting a material misstatement resulting from fraud is higher than for one resulting from error, as fraud may involve collusion, forgery, intentional omissions, misrepresentations, or the override of internal control.

- Obtain an understanding of internal control relevant to the audit in order to design audit procedures that are appropriate in the circumstances, but not for the purpose of expressing an opinion on the effectiveness of the Organization's internal control.
- Evaluate the appropriateness of accounting policies used and the reasonableness of accounting estimates and related disclosures made by management.
- Conclude on the appropriateness of management's use of the going concern basis of accounting and, based on the audit evidence obtained, whether a material uncertainty exists related to events or conditions that may cast significant doubt on the Organization's ability to continue as a going concern. If we conclude that a material uncertainty exists, we are required to draw attention in our auditor's report to the related disclosures in the financial statements or, if such disclosures are inadequate, to modify our opinion. Our conclusions are based on the audit evidence obtained up to the date of our auditor's report. However, future events or conditions may cause the Organization to cease to continue as a going concern.
- Evaluate the overall presentation, structure and content of the financial statements, including the disclosures, and whether the financial statements represent the underlying transactions and events in a manner that achieves fair presentation.

We communicate with those charged with governance regarding, among other matters, the planned scope and timing of the audit and significant audit findings, including any significant deficiencies in internal control that we identify during our audit.





# AUDIT STATEMENT

## Wayside House of Hamilton Statement of Financial Position March 31, 2023

### ASSETS

#### CURRENT

Cash	\$819,416	\$616,876
Short term investments	\$267,578	\$422,691
Accounts receivable	\$36,822	\$42,308
Prepaid expenses	\$10,511	-

#### PROPERTY AND EQUIPMENT

2023 2022

\$1,134,327	\$1,082,145
\$2,327,664	\$355,822

**\$3,461,991** **\$1,437,967**

### LIABILITIES

#### CURRENT

Accounts payable and accrued liabilities	\$181,283	\$112,979
Demand loan	\$31,651	\$53,636
Deferred income	\$148,903	\$109,332

#### LONG TERM DEBT

\$361,837	\$275,947
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#### DEFERRED CAPITAL GRANTS

\$1,850,000	-
\$176,648	\$199,684

**\$2,388,485** **\$475,631**

### NET ASSETS

Operating and community fund	\$516,758	\$401,283
Capital Fund	\$136,444	\$145,467
Reserve Fund	\$420,304	\$415,586

\$1,073,506	\$962,336
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**\$3,461,991** **\$1,437,967**

	Operating & Community Fund	Capital Fund	Reserve Fund	2023	2022
<b>NET ASSETS - BEGINNING OF YEAR</b>	\$401,283	\$145,467	\$415,586	<b>\$962,336</b>	<b>\$819,569</b>
Excess of revenues over expenses	\$115,475	(\$9,023)	\$4,718	<b>\$111,170</b>	<b>\$142,767</b>
<b>NEW ASSETS - END OF YEAR</b>	\$516,758	\$136,444	\$420,304	<b>\$1,073,506</b>	<b>\$962,336</b>

## REVENUES

	2023	2022
Ministry of Health operating funding	\$1,457,556	\$1,159,130
Ministry of Health Hepatitis C Secretariat fund	\$390,624	\$390,632
Grants and sponsorships	\$140,855	\$67,200
Donations	\$123,082	\$168,752
Recognition of deferred capital funding	\$72,105	\$65,880
Other	\$29,124	\$27,096
Ministry of Health medical and dental reimbursement	\$28,103	\$30,706
Guests' room and board	\$16,900	\$19,865
Ministry of Health COVID-19 support	-	\$29,083
Ministry of Health one time funding	-	\$43,767
	<b>\$2,258,359</b>	<b>\$2,002,111</b>

## EXPENSES

Salaries and benefits	\$1,374,769	\$1,145,847
Food and medical	\$172,342	\$141,080
Program	\$87,685	\$141,744
Professional and consulting	\$86,598	\$118,125
Amortization of capital assets	\$81,128	\$69,322
Communications	\$57,038	\$44,612
Fundraising expense	\$53,423	\$45,379
Repairs and maintenance	\$50,174	\$32,033
Hepatitis C program expenses	\$29,939	\$27,937
Office and general	\$29,157	\$10,381
Personal needs, medical and dental	\$27,553	\$36,193
Utilities	\$26,529	\$22,096
Interest on demand loan and long term debt	\$22,708	\$3,319
Insurance	\$20,450	\$16,603
Print and promotion	\$14,613	\$4,673
COVID-19 one time expenses	\$10,155	-
Property and business taxes	\$2,928	-
	<b>\$2,147,189</b>	<b>\$1,859,344</b>
<b>EXCESS (DEFICIENCY) OF REVENUE OVER EXPENSES</b>	<b>\$111,170</b>	<b>\$142,767</b>

## OPERATING ACTIVITIES

Excess of revenues over expenses

**2023**  
**\$111,170**

**2022**  
**\$142,767**

Items not affecting cash:

Amortization of capital assets

\$81,128

\$69,332

Recognition of deferred capital funding

(\$72,105)

(\$65,880)

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\$120,193

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\$146,209

Changes in non-cash working capital:

Accounts receivable

\$5,485

\$98,863

Accounts payable and accrued liabilities

\$68,300

(\$99,478)

Deferred income

\$39,571

\$80,249

Prepaid expenses

(\$10,511)

\$23,718

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\$102,845

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\$99,477

Cash flow from operating activities

\$223,038

\$211,809

## INVESTING ACTIVITIES

Purchase of capital assets

(2,052,970)

-

Short term investments

(\$115,383)

(\$8,653)

Deferred capital grants

\$49,386

(\$3,056)

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(1,848,201)

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(\$11,709)

## FINANCING ACTIVITY

Proceeds from long term financing

1,850,000

-

Repayment of long term debt

(22,297)

(\$22,169)

Cash flow from (used by) financing activities

---

1,827,703

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(\$22,169)

## INCREASE IN CASH FLOW

**\$202,540**

**\$211,808**

Cash - beginning of year

**\$616,876**

**\$405,067**

## CASH - END OF YEAR

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**\$819,416**

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**\$616,876**



# QUALITY IMPROVEMENT

## Quality Improvement (QI) is a systematic approach to improving service.

Wayside House employs QI to align our programming with Ontario Health's six dimensions of quality: safety, effectiveness, efficiency, equity, accessibility and patient focus.

Throughout 2022 we further integrated QI into every aspect of our program. We have made significant progress on our live-year Quality Plan including a consolidated staff training regimen, a newly struck Workplace Wellness Committee and an increased focus on trauma-informed care.

This year we took a deep dive into our waitlist management strategy in partnership with the Excellence Through Quality Improvement Project. We used historic measures of wait times

to develop a reliable, automatic waitlist system. We now have the capacity to report up-to-date wait times to our new clients, thus enabling them to make more informed decisions about their treatment.

In partnership with Homewood Research Institute, we are also designing an integrated Progress & Outcome Monitoring system. This system uses clinically relevant tools to track client progress through the residential program and beyond. We believe that a quantitative basis for decision-making will benefit clients and staff alike and are excited to implement POM in the coming months.

# SHELTER HEALTH NETWORK PATIENT NAVIGATOR



## The Patient Health Navigator position is made possible by a generous grant from the Allen & Milli Gould Family Foundation.

Since 2005, the Shelter Health Network (SHN) has served Hamilton's highest-risk populations by enabling collaboration between healthcare professionals and social service agencies. In recognition of the many barriers faced by this population, Wayside House and SHN created a new Patient Health Navigator role with support from the Allen & Milli Gould Family Foundation.

The Patient Health Navigator receives referrals from SHN's network of healthcare professionals and assists these clients in achieving their goals as defined by the social determinants of physical and mental health. For example, clients who require assistance making appointments, fulfilling their basic needs or completing service-related paperwork have all been helped by our Patient Health Navigator.

Since the role's inception in November 2021, over 2000 hours of direct care have been provided to over 75 of Hamilton's most vulnerable individuals. The Patient Health Navigator works with a diverse array of agencies including Ontario Works, YMCA, Mission Services and several local drop-in centres and care facilities. Their commitment helps to extend healthcare out of the doctor's office and into the community at large. In a system where falling through the cracks is unfortunately all too common, Wayside House and the Shelter Health Network are committed to providing a reliable safety net.

**Wayside House would like to thank Alison Daley for her tireless commitment to this position. We wish you all the best in your future endeavours!**

# STATS AT A GLANCE

**494**

INDIVIDUALS SERVED



**329** ADMISSIONS



**6294**

FACE-TO FACE  
MEETINGS

**13,919**

SERVICE PROVIDER  
INTERACTIONS

**7892**

TOTAL VISITS



**27,462**

MEALS SERVED



**6084**

ATTENDANCE DAYS

**7567**

GROUPS HELD



# WAYSIDE HOUSE OF HAMILTON HEP C TEAM

## Who We Are

We are an outreach team that meets clients and patients wherever they're at: home, a coffee shop, drop-in centre, etc. We have access to office space in the CAMH building for one-on-one visits with clients, and are open to seeing patients here, at another agency, or wherever patients feel most comfortable.

## Our Mission

The Hepatitis C team follows the mission of the Ministry of Health & Long-term Care's AIDS & Hepatitis C programs: "To establish treatment services that will help curb the spread of the Hepatitis C Virus (HCV), by ensuring that people are diagnosed, and treated for Hepatitis C."

## Our Mandate

The Wayside House Hep C Team is funded by the Ministry of Health and Long Term Care's AIDS & Hepatitis C Secretariat to provide services, comprehensive medical care and treatment to individuals living with, affected by or at risk of acquiring the Hepatitis C Virus within the City of Hamilton, the Six Nations of the Grand River and the Mississaugas of the New Credit First Nation.

## Our Team

**Dr. Marco Puglia**  
Hepatitis C Physician Lead

**Jason Paulley**  
Hepatitis C Coordinator

**Diana Strauss**  
Registered Nurse

**Amber Moreira**  
Integrated Social Worker

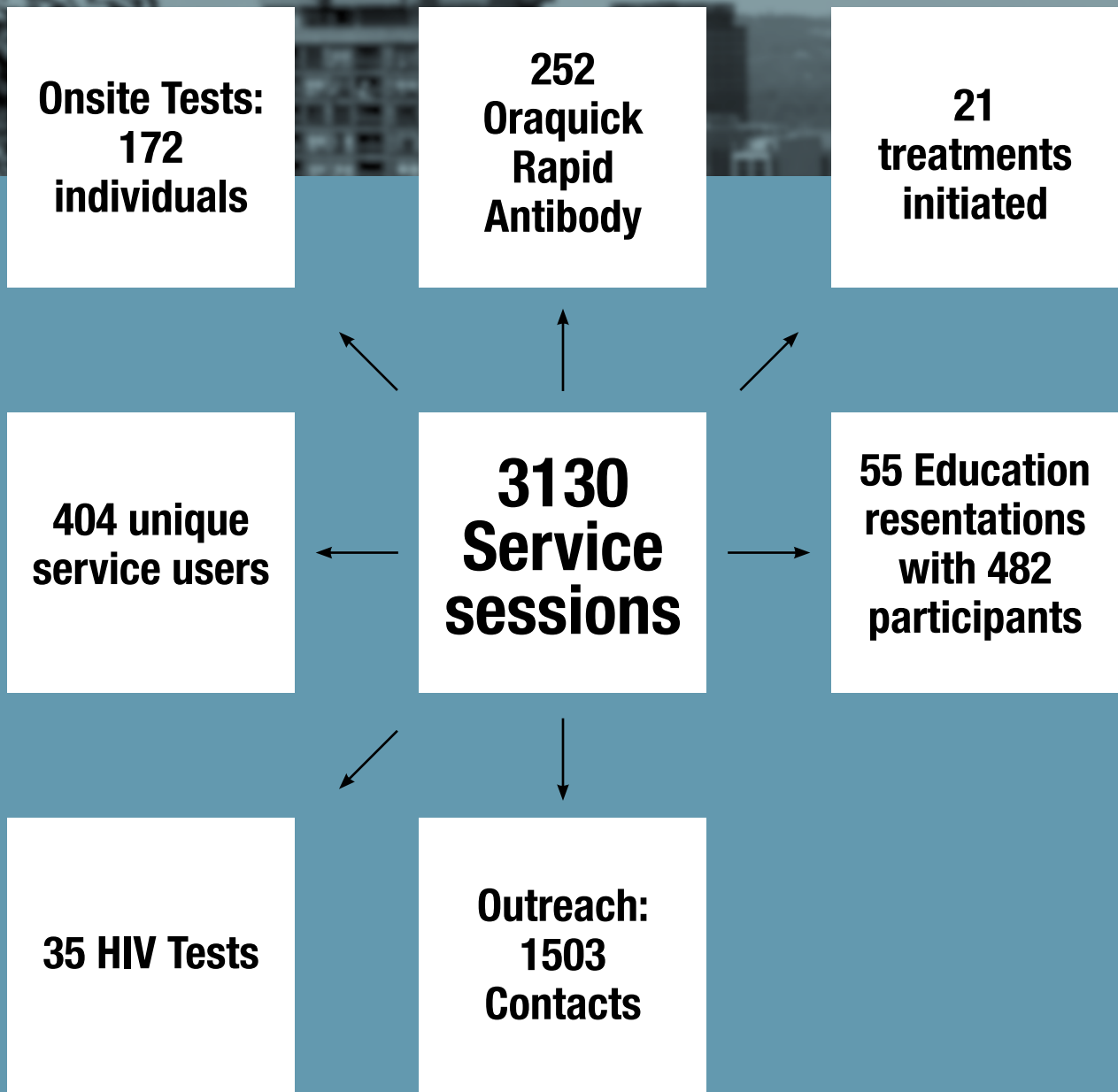
**Emma Abramowitz**  
Integrated Outreach Worker & Addictions Specialist

## Our Services

- Hepatitis C Testing
  - OraQuick Rapid Antibody and RNA dry blood spot testing available
- Hepatitis C Treatment
- Hepatitis C Counseling and Case Management with a focus on trauma-informed, harm reduction therapies
- Education & Awareness
- Capacity Building for Professionals
- HIV Testing



# 2022-2023 SNAPSHOT OF THE WAYSIDE HOUSE/SHELTER HEALTH HEP C TEAM SERVICES



# WAYSIDE HOUSE FAMILY PROGRAM

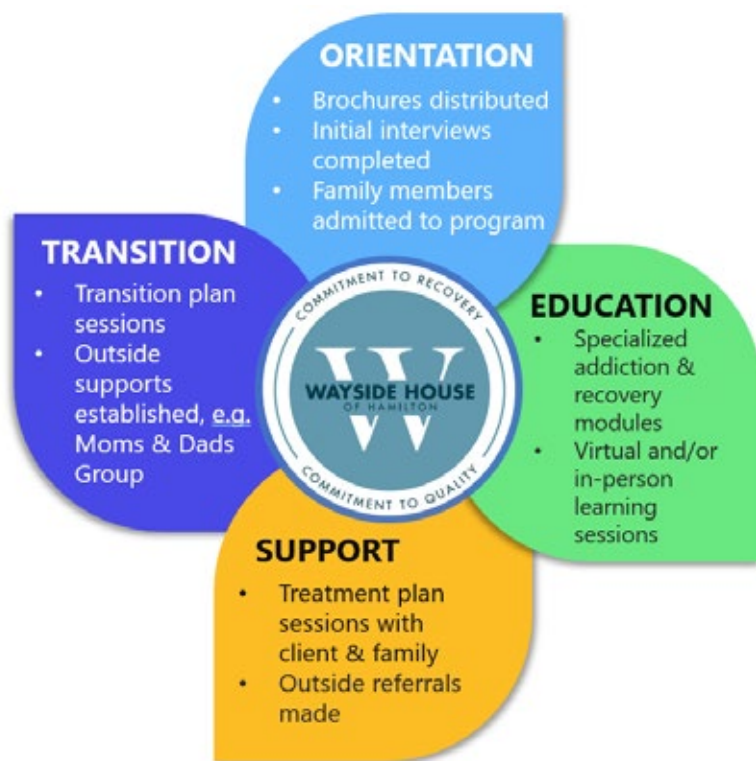


Wayside House believes that no substance user is ever truly alone. Research shows that supports have a protective effect against relapse, a finding borne out by the success of our Supportive Housing and Continuing Care programs. Our nascent Family Program broadens the base of support offered to the men in recovery at Wayside House.

Family programming begins with a suite of educational materials tailored to the experience of those with loved ones in addiction. Here the addiction, recovery and relapse processes are described in accessible language that aims to bridge the knowledge gap that sometimes exists between those in recovery and their loved ones. These materials will soon be available in an interactive online format for easy access and collaboration.

The program includes two main support sessions, during which clients work through their treatment and transition plans with their family members. Potential challenges and opportunities for support are identified and built into the plans as necessary. In this way, family members are encouraged to participate in their loved ones' treatment while respecting their autonomy and self-actualization.

The Family Program aims to create a safe, therapeutic environment where client and family can mutually reinforce one another's healing. Our clients' time in treatment, however impactful it may be, is only a small part of their recovery journey. The Family Program further fulfills our vision of Forever Aftercare by ensuring fewer clients take this life-changing journey alone.



Family Program Structure





# STEP UP FOR WAYSIDE 2022

A huge thank you to all who attended our 5th Annual Step Up for Wayside fundraising event! Our incredible sponsors, donors, families and friends raised over **\$120,000** to help maintain the standard of service that Wayside House is so proud to provide.





# BUILDING RECOVERY



*Render of proposed facility*

We are proud to announce an investment in future readiness in association with our community partners and the Hamilton Community Foundation. Wayside House has acquired a Hamilton site where we plan to build an innovative \$12 million facility. As demand for service increases, so do wait times. We can no longer sit back and wait for change; instead, we will be the leader of change. By developing a seamless delivery of care model through integrated pathways, we will meet the needs of our community head on. Wayside House will be ready.

**HAMILTON**  
**COMMUNITY**  
**FOUNDATION**

# TESTIMONIALS

“Wayside is like a second home to me and the endless amount of support I receive means the world to me. Wayside saved my life.”  
– MG

“Purpose, community, family, health, brotherhood, love and hope are just a few of the words I can use to describe what Wayside means to me.”  
– BK

“The community Wayside have built is next to none. Showing love and compassion to each and every one that walks in the door. 18 months have passed, and my life is full of optimism. Thank you Wayside for helping and guiding me to see my true potential.”  
– CB

“Wayside has given me countless life skills and a place to practice them, including assertive communication skills, reading, cooking and baking skills and emotional stability while recovering from addiction. I wouldn’t be sober today without this safe environment to learn and grow.”  
– PK

“Being an older man who has fought alcohol addiction for many years, Wayside has taught me lessons that I wished I had learned many years ago.”  
– GB

“Wayside gave me a safe place to learn how to live a sober life full and true. Instead of a life filled with mistakes and regret.”  
– MC

“Coming to Wayside is the greatest opportunity that I have been given and the single most important decision I have ever made. The comrades and fellowship at Wayside is incredible and the empathy, understanding and wisdom that I have been given here have been lifechanging.”  
– CM



*Foundation for Human Development*

# ACKNOWLEDGMENTS

We would like to acknowledge all those who supported us this past year:

For the hundreds who donated and participated in our Step Up for Wayside 2022 where we raised over \$120,000. Our alumni, their families and their friends. Our community and corporate partners, municipal government and social services. Together you made a difference, and we thank you. Wayside wouldn’t be where we are today if not for you.

Ontario Trillium Foundation, for your continued investment. Your generosity helped us create our fundraising and development program, helped us secure expert guidance and support for our signature fundraiser and lend us the tools for future growth. We acknowledge the support of Fundraising Lab, Our Forte and Red Bucket.

The Ministry of Health of Ontario invested heavily in our programs, staffing and infrastructure. We see Ontario Health as our partner, working together to achieve outcomes that drive success and help secure solid recovery plans for hundreds of men every year.

We acknowledge the Hamilton Community Foundation for its significant investment and support as we plan for the future. Together with Adam Stienen, Michael Murrell-Wright and Martinus Geleynse we are on the right track.

During the year we have benefited from the amazing support of Thrive Group, the Greater Hamilton Health Network, Hamilton Police, Hamilton EMS and Paramedics, St. Joseph’s Hospital and Hamilton Health Sciences, Addiction and Mental Health Ontario, Medical Arts Pharmasave, Dr. Sergeant and Dr. Puglia, Shelter Health Network, the Allan and Milli Gould Family Foundation, numerous churches and faith groups, the 12 Step Community, FirstOntario Place, Metro Foods, Sherrard Kuzz LLP, Home Capital and Ontario Jeep Dealers Association. Special thanks and acknowledgement to the Foundation for Human Development for its continued and significant support of all Wayside programming.

We also acknowledge our clients, the men who have come from across the province for support, understanding and compassion. To those who continue to struggle, to those who fear change and to those who’s lives have been lost. To our moms, our dads, our sisters and brothers, our sons and daughters: we acknowledge your struggle as well. Your fears, your worries and your tears.

Finally, and most importantly, we acknowledge change. We acknowledge that recovery is possible. When the harm reduction activists say no, we say yes.

**Regan Anderson, CEO**



THANK YOU!

