



# ANNUAL REPORT 2020

CELEBRATING 53 YEARS OF SERVICE EXCELLENCE

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# BOARD MEMBERS

John Hartnett	<b>President</b>
Derek Bartens	<b>Vice President</b>
Rene Juneja	<b>Treasurer</b>
Anthony Volpe	<b>Director</b>
Joey Tempribe	<b>Director</b>
Melissa Ironside	<b>Director</b>
Khang Nguyen	<b>Director</b>
Ryan McHugh	<b>Director</b>
Gordon Conlin	<b>Director</b>

# CONTACT INFORMATION

## Wayside House of Hamilton

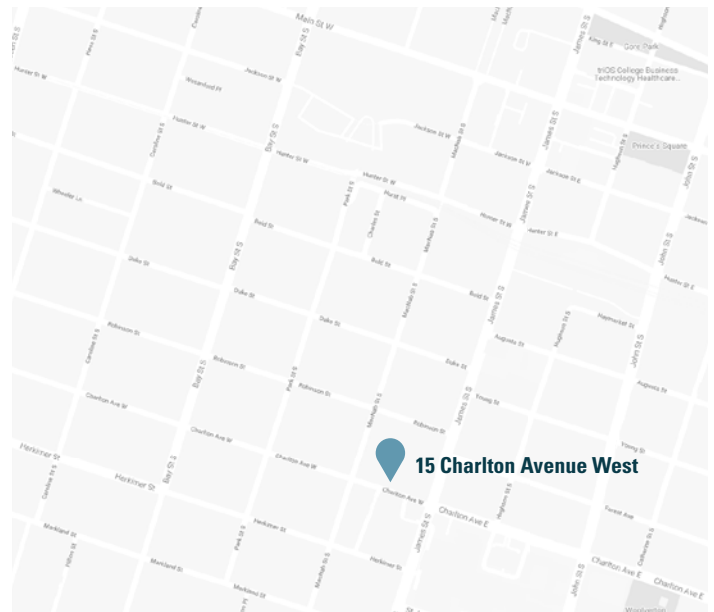
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Canadian Centre  
for Accreditation



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Centre canadien  
de l'agrément



# DEDICATION AND FOREWORD

This Annual Report is dedicated to those whom we serve. To men who turn to us for stability, education, direction and support. To men who deserve access, understanding and respect. To men who should always have the choice to live their recovery on their terms.

**It is these men who truly represent the purpose of our service. They have humbled all of us and we will hold their memory and desire for recovery as the cornerstone for all that we do.**

## COVID-19

In early March we started to get the warnings. There was a virus sweeping across the globe. A pandemic. While no one knew what this actually meant, one thing this was crystal clear, Wayside House of Hamilton wasn't going to waiver. Our commitment to those we serve was not going to change. While the majority of community mental health and addiction programs shut their doors to direct, in person care, we remained open. We worked with our health providers to assure a safe environment. Bobby Silva, as clinical supervisor and Ryan Kitchen, as program manager went into overdrive. Together, they developed policies and procedures that exceeded Public Health and Ontario Health guidelines. It was those policies that kept us all safe. While our wait list grew, men continued to come from across the province. We shifted gears to improve access and virtual care.

**We remained open. We remained safe.  
We remained Wayside Strong.**

## CLINICAL STAFF

Regan Anderson  
Dr. Myles Sergeant  
Bobby Silva  
Robert Primrose  
Ryan Kitchen  
Ron Johnston  
Ken Barwick  
Amit Parmar  
Brent Jones  
Julie Todd  
Simrat Tung  
Joey Mercer  
Kevin Da Silva  
Steve Presta  
Micheal Van Arragon  
Tyler De Melo  
Jackline Kulang  
Jane McQueen  
Jason Paulley  
Ray Bryan

**Chief Executive Officer**  
**Medical Director**  
**Clinical Supervisor**  
**House Manager**  
**Program Manager**  
**Addiction Counsellor**  
**Addiction Counsellor**  
**Addiction Counsellor**  
**Addiction Counsellor**  
**Addiction Counsellor**  
**Addiction Counsellor**  
**Addiction Counsellor**  
**Addiction Counsellor**  
**Addiction Counsellor**  
**Addiction Counsellor**  
**Addiction Counsellor**  
**Hep C Team Coordinator**  
**Hep C Team Registered Nurse**  
**Hep C Team Social Work**  
**Hep C Team Outreach Worker**



# ORGANIZATIONAL OVERVIEW

**Wayside House of Hamilton is a not-for-profit community-based charitable organization, dedicated to empowering the alcohol /drug dependent male to accept and sustain a purposeful life of sobriety.**

Through education, counselling, advocacy, support and caring we strive to improve the quality of life for the substance dependent male through the provision of addiction knowledge, social and life skills in a substance free environment. All services of Wayside House of Hamilton are open to everyone regardless of

race, colour, creed, ethnic origin, sexual orientation, religion, or economic circumstance.

Wayside House of Hamilton seeks to remain on the cutting edge of innovation while enriching the client experience, as well as empowering individuals to take control and redefine their lives. By maintaining a standard of excellence, Wayside House of Hamilton seeks to facilitate change and recovery, keeping a multi-faceted and individually based approach. The year saw great steps taken towards improvement and innovation.

## ORGANIZATIONAL ALIGNMENT

### Our Mission

As a community based non-for profit charitable organization, Wayside House of Hamilton is committed to residential addiction treatment and supportive housing for males and transitional male youth, including those with concurrent disorders. Wayside House provides quality, evidence informed programming through integrated services and partnerships in the province of Ontario.

### Our Vision

To be the provider of choice for men's substance-dependent evidence-informed services.

### Our Guiding Principles

- Honesty & Integrity
- Sustainability & Accessibility
- Quality Improvement
- Responsibility & Accountability
- Cooperation & Collaboration
- Safety

### Our Beliefs

- We believe that recovery from substance dependency is possible and achievable.
- We believe that every individual has a right to recovery.
- We believe in developing and fostering a client-centric environment to empower individuals to take responsibility and accountability for their own recovery, needs, strengths and weaknesses, and goals.
- We believe that confidentiality and trust are paramount in maintaining an environment where individuals can recover.
- We believe that the care-path for every client should include the components of the social determinants of mental health and addiction: specifically, freedom from discrimination & violence, social inclusion, and access to economic resources.

### Our Values

- Integrity and accountability at every level of the organization, and its' interactions.

- An ethical framework based on evidence-informed best practices.
- Respect for diversity, embracing differences and ensuring a discrimination free environment.

### Our Philosophy

In support of Wayside House of Hamilton's vision, mission, and values, we will consistently provide high quality services to enable men to recover and maintain abstinence from substance dependency. We are committed to continuous, long-term improvement so that we may consistently meet the needs of the individuals we serve. Our primary measure of service success is a positive outcome as indicated and determined by the clients we serve; whose best interest remains at the center of all decisions made.

We believe that alcohol and drug addiction is not a character flaw or a moral failing but rather a chronic health condition which deserves to be treated with care, backed by evidence-informed treatment in a safe environment that fosters consistent, positive outcomes.

### It is the philosophy of Wayside House of Hamilton that we will:

- Embrace a culture of continuous improvement, critical thought, and innovation.
- Empower the client to take ownership and responsibility for their program.
- Employ best practices in our service delivery and ensure treatment of the highest quality.

### Our Program Focus

Integrated Residential Addiction Treatment and Supportive Housing for Men. Focus on Concurrent Disorders in a trauma informed environment.



# FROM THE PRESIDENT AND CEO

As we entered our 53rd year of operation, little did we know what was lying ahead. April 1st 2019 was the start of the fiscal year reported in this Annual Report. As you will see from this report we open and close our 'books', so to speak, on the 1st of April 2019, and close then on the 31st of March 2020. This means much of our report is pre COVID 19.

By turning to our Strategic and Quality Plans we focused on increasing access to beds and improving the client experience. The board reviewed its current revenue streams and set out to improve this. We were successfully rewarded several grants and received both in-kind and financial donations throughout the year leading up to October 2019, when we held our first major fundraising activity. Our Walk-4-Wayside generated over \$40,000 and exposed us to supports that we had never realized before. Over 150 walkers joined with us with another 200 community members contributing their financial support. The walkathon was a great success as an event, and a significant step forward for our organizations network of support. Leading up to the end of calendar 2019, we identified infrastructure weaknesses and were successful in receiving over \$200,000 in facility improvements from the Ontario Ministry of Health. This was topped off with on sight visit from the Associate Minister of Health and community partners. A very proud day for Wayside House of Hamilton. That was February; the countrywide lockdown began less than 30 days later. A new era had begun. Wayside House has faced challenges before, but nothing comparable to COVID 19. With health concerns leading to lockdown provisions, the board and staff had to shift gears. Through incredible dedication from our staff, we have faced the pandemic head on. Keeping the client's wellbeing in the centre of our decision making, we kept our doors open while respecting the Public Health guidelines. With vigorous hygiene protocols and social distancing measures we were able to maintain direct in-person programming.

In order to accommodate the lockdown provisions, our residential program's bed capacity had to drop from 23 beds to 16. This drop is reflected across the province. Some treatment programs were hit harder than others, and many of Ontario's services were not able to keep their doors open. As a result of these sectoral changes, our wait list has increased from 6 weeks to over 5 months. As you can imagine, the past six months have been extremely difficult for those unable to access treatment and their families. Supporting assessment clients from across the province has become a genuine challenge. The complexity of those seeking services reflects increased comorbidity and barriers with the social determinants of health. Once again Wayside's staff stepped up, driving forward our program's virtual supports so that we could help relieve some of the unknowns for clients who couldn't access in-person treatment. Our commitment to recovery did not waver throughout this period. We remain steadfast in our dedication to providing vital health care treatment to those in need.

As we move forward, we must maintain optimism. With the Hamilton Health Team in place we are using more of a collaborative systems approach. Our strong community and Hospital partners will help Wayside House maintain its programs and support initiatives that will only improve quality of care. Together we will be stronger.



John Hartnett  
President, Board of Directors



Regan Anderson  
CEO



# TREASURERS REPORT

Welcome everyone to our Annual General Meeting and thank you for your support. It is my pleasure to serve as the Treasurer for Wayside House and to present the Treasurer's Report for the fiscal year end of March 31, 2020. As a testament to the Wayside House's commitment to fiscal responsibility and efficient use of resources, gives me great pleasure to announce that the organization ended the year having spent all its funding received for operations with a significant increase in Donations which resulted in a \$203,455 surplus. Much of these donations were generated through the generosity volunteers that made our first fundraiser, Walk-4-Wayside, a reality and I want to thank all that participated in making it a success.

The COVID-19 pandemic did not have significant impact on our financial status when the books were closed on this past fiscal, however, as the world has been thrust in to a challenge that we

have never faced before I am proud of the way the staff under the leadership of our President and CEO have pivoted and made sure that our clients still continue to receive the quality care they deserve. I applaud each and every one of them as this is a reflection of their dedication to Wayside House.

I am honoured to present the audited financial statements as prepared by Vine and Partners LLP.

Respectfully submitted,



Sarbjit (Rene) Juneja, MBA, CPA, CMA, CD

# AUDITOR'S REPORT

## Qualified Opinion

We have audited the financial statements of Wayside House of Hamilton (the Organization), which comprise the statement of financial position as at March 31, 2020, and the statements of changes in net assets, operations and cash flows for the year then ended, and notes to the financial statements, including a summary of significant accounting policies. In our opinion, except for the possible effects of the matter described in the Basis for Qualified Opinion section of our report, the accompanying financial statements present fairly, in all material respects, the financial position of the Organization as at March 31, 2020, and the results of its operations and its cash flows for the year then ended in accordance with Canadian accounting standards for not-for-profit organizations.

## Basis for Qualified Opinion

In common with many not-for-profit organizations, the Organization derives revenue from fundraising activities and donations, the completeness of which is not susceptible to satisfactory audit verification. Accordingly, verification of these revenues was limited to the amounts recorded in the records of the Organization. Therefore, we were not able to determine whether any adjustments might be necessary to other revenue, excess of revenues over expenses, and cash flows from operations for the year ended March 31, 2020, current assets and net assets as at March 31, 2020. Our audit opinion on the financial statements for the year ended March 31, 2019 was modified accordingly because of the possible effects of this limitation of scope. We conducted our audit in accordance with Canadian generally accepted auditing standards. Our





# AUDITOR'S REPORT CONTINUED:

responsibilities under those standards are further described in the Auditor's Responsibilities for the Audit of the Financial Statements section of our report. We are independent of the Organization in accordance with the ethical requirements that are relevant to our audit of the financial statements in Canada, and we have fulfilled our other ethical responsibilities in accordance with those requirements. We believe that the audit evidence we have obtained is sufficient and appropriate to provide a basis for our qualified audit opinion.

## Responsibilities of Management and Those Charged with Governance for the Financial Statements

Management is responsible for the preparation and fair presentation of the financial statements in accordance with Canadian accounting standards for not-for-profit organizations, and for such internal control as management determines is necessary to enable the preparation of financial statements that are free from material misstatement, whether due to fraud or error.

In preparing the financial statements, management is responsible for assessing the Organization's ability to continue as a going concern, disclosing, as applicable, matters relating to going concern and using the going concern basis of accounting unless management either intends to liquidate the Organization or to cease operations, or has no realistic alternative but to do so. Those charged with governance are responsible for overseeing the Organization's financial reporting process.

## Auditor's Responsibilities for the Audit of the Financial Statements

Our objectives are to obtain reasonable assurance about whether the financial statements as a whole are free from material misstatement, whether due to fraud or error, and to issue an auditor's report that includes our opinion. Reasonable assurance is a high level of assurance, but is not a guarantee that an audit conducted in accordance with Canadian generally accepted auditing standards will always detect a material misstatement when it exists. Misstatements can arise from fraud or error and are considered material if, individually or in the aggregate, they could reasonably be expected to influence the economic decisions of users taken on the basis of these financial statements. As part of an audit in accordance with Canadian generally accepted auditing standards, we exercise professional judgment and maintain professional skepticism throughout the audit. We also:

- Identify and assess the risks of material misstatement of the financial statements, whether due to fraud or error, design and

perform audit procedures responsive to those risks, and obtain audit evidence that is sufficient and appropriate to provide a basis for our opinion. The risk of not detecting a material misstatement resulting from fraud is higher than for one resulting from error, as fraud may involve collusion, forgery, intentional omissions, misrepresentations, or the override of internal control.

- Obtain an understanding of internal control relevant to the audit in order to design audit procedures that are appropriate in the circumstances, but not for the purpose of expressing an opinion on the effectiveness of the Organization's internal control.

- Evaluate the appropriateness of accounting policies used and the reasonableness of accounting estimates and related disclosures made by management.

- Conclude on the appropriateness of management's use of the going concern basis of accounting and, based on the audit evidence obtained, whether a material uncertainty exists related to events or conditions that may cast significant doubt on the Organization's ability to continue as a going concern. If we conclude that a material uncertainty exists, we are required to draw attention in our auditor's report to the related disclosures in the financial statements or, if such disclosures are inadequate, to modify our opinion. Our conclusions are based on the audit evidence obtained up to the date of our auditor's report. However, future events or conditions may cause the Organization to cease to continue as a going concern.

- Evaluate the overall presentation, structure and content of the financial statements, including the disclosures, and whether the financial statements represent the underlying transactions and events in a manner that achieves fair presentation.

We communicate with those charged with governance regarding, among other matters, the planned scope and timing of the audit and significant audit findings, including any significant deficiencies in internal control that we identify during our audit.



# AUDIT STATEMENT

## Wayside House of Hamilton Statement of Financial Position March 31, 2020

### ASSETS

#### CURRENT

Cash  
Short term investments (Note 4)  
Accounts receivable

CAPITAL ASSETS (Note 5)

### LIABILITIES

#### CURRENT

Accounts payable and accrued liabilities (Note 6)  
Demand loan (Note 7)  
Deferred income (Note 8)

DEFERRED CAPITAL GRANTS (Note 9)

### NET ASSETS

Operating and community fund  
Capital Fund  
Reserve Fund

	2020	2019
	\$185,301	\$148,932
	\$412,841	\$406,726
	\$101,483	\$47,809
	<hr/>	<hr/>
	\$699,625	\$603,467
	407,393	\$210,515
	<hr/>	<hr/>
	<b>\$1,107,018</b>	<b>\$813,982</b>
	\$38,879	\$114,952
	\$97,155	\$116,327
	-	\$14,968
	<hr/>	<hr/>
	\$136,034	\$246,248
	\$245,277	\$45,482
	<hr/>	<hr/>
	<b>\$381,311</b>	<b>\$291,730</b>
	\$166,308	\$106,817
	\$154,502	\$159,649
	\$404,897	\$255,786
	<hr/>	<hr/>
	\$725,707	\$522,252
	<hr/>	<hr/>
	<b>\$1,107,018</b>	<b>\$813,982</b>

	Operating & Community Fund	Capital Fund	Reserve Fund	2020	2019
<b>NET ASSETS - BEGINNING OF YEAR</b>	\$106,817	\$159,649	\$255,786	<b>\$522,252</b>	\$521,587
Excess (deficiency) of revenues over expenses	\$59,491	(\$5,147)	\$149,111	<b>\$203,455</b>	\$665
<b>NEW ASSETS - END OF YEAR</b>	\$106,308	\$154,502	\$404,897	<b>\$725,707</b>	\$522,252



## REVENUES

	2020	2019
Ministry of Health operating grants	\$623,406	\$623,398
Ministry of Health Hepatitis C Secretariat fund	\$390,624	\$390,632
Ministry of Health supportive housing	\$312,768	\$312,768
Donations	\$223,032	\$49,046
Other	\$45,764	44,635
Ministry of Health medical and dental reimbursement	\$39,069	\$39,830
Grants and sponsorships	\$26,550	-
Guests' room and board	\$18,925	\$17,504
Recognition of deferred capital funding	\$9,096	\$5,432
	<b>\$1,689,234</b>	<b>\$1,483,245</b>

## EXPENSES

Accreditation expense	\$8,684	-
Amortization of capital assets	\$14,243	\$4,070
Bank charges	\$375	\$283
Communications	\$26,504	\$29,578
Dues and memberships	\$2,515	\$2,482
Food and medical	\$140,490	\$122,772
Hepatitis C program expenses	\$34,404	\$47,223
Insurance	\$13,936	\$13,103
Interest on demand loan	\$5,228	\$5,990
Office and general	\$15,852	\$16,434
Personal needs, medical and dental	\$39,026	\$39,257
Print and promotion	\$1,529	\$5,061
Professional and consulting	\$52,739	\$19,913
Program	\$28,435	\$30,820
Repairs and maintenance	\$49,700	\$48,786
Salaries and benefits	\$1,011,285	\$1,051,053
Training and development	\$3,869	\$6,999
Transportation	\$15,458	\$13,288
Travel and meals	\$7,139	\$9,270
Utilities	\$14,368	\$16,198
	<b>\$1,485,779</b>	<b>\$1,482,580</b>
<b>EXCESS (DEFICIENCY) OF REVENUE OVER EXPENSES</b>	<b>\$203,455</b>	<b>\$665</b>

## OPERATING ACTIVITIES

Excess of revenues over expenses

Items not affecting cash:

Amortization of capital assets

Recognition of deferred capital funding

**2020**

**\$ 203,455**

**2019**

**\$665**

\$14,243

(\$9,096)

\$4,070

(\$5,432)

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208,602

(\$697)

Changes in non-cash working capital:

Accounts receivable

Accounts payable and accrued liabilities

Deferred income

Prepaid expenses

(\$53,674)

(\$76,075)

(\$14,968)

-

(3,192)

\$45,124

\$14,968

\$4,080

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(\$144,717)

\$60,980

Cash flow from operating activities

\$63,885

\$60,283

## INVESTING ACTIVITIES

Purchase of capital assets

Short term investments

Deferred capital grants

Cash flow used by investing activities

(\$211,120)

(\$6,115)

\$208,891

(\$8,344)

(\$50,866)

(\$3,326)

\$50,914

(\$3,278)

## FINANCING ACTIVITY

Repayment of long term debt

(\$19,172)

(\$18,416)

## INCREASE IN CASH FLOW

**\$36,369**

**\$38,589**

## CASH - BEGINNING OF YEAR

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**\$148,932**

**\$110,343**

## CASH - END OF YEAR

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**\$185,301**

**\$148,932**





# RESIDENTIAL PROGRAM

Wayside House of Hamilton is a residential addiction treatment program for adult males. Our programs are specifically designed to address the needs of men who have identified an issue with alcohol and drug use. Program components meet best practice and are as follows:

## Orientation

- 3-5 day orientation to program;
- Introduction to residential setting and counselors;
- Formulation of treatment plan;
- Introduction to self help supports including AA, NA, & CA;
- Discharge planning begins.

## Core Program

- 5-6 week comprehensive treatment program;
- Educational sessions, process groups and 1:1 counselling;
- Life skills, recreation, and development of social learning skills;
- Developing and maintaining established treatment goals.

## Recovery

- 3-4 week duration;
- Completion of comprehensive relapse prevention program;
- Discharge plan put into action;
- Reintegration into the community; options may include stable housing, employment opportunities, and other supports.

## Relapse Prevention: An Integral Part of Recovery

- Considered one of the most important aspects of the recovery phase;
- Applied after the core program modules are completed;
- Helps to reinforce all that has been learned and further provides the tools and skills needed to maintain the goal of abstinence;
- Establishes the framework to cope with trials that come along the way;
- Clients learn how to avoid pitfalls and how to stay the course. Continuing Care: An Aspect of Community Treatment
- 2+ years of supported aftercare;
- Weekly support groups;
- Client maintains a relationship with the program for ongoing support.

# QUALITY IMPROVEMENT

**Quality Improvement (QI) is a systematic approach to assessing services and optimizing outcomes. Wayside House of Hamilton's approach to quality improvement is based on the following principles:**

- Individuals Served Focus;
- Recovery Oriented;
- Flexibility & Individuality;
- Empowerment;
- Leadership Involvement;
- Data Informed Practice;
- Proactive Prevention;
- Continuous Improvement.

## **This year our QI activities included:**

- Aligning all services to address the Determinants of Health;
- Development of a standardized Scorecard and excel-based intelligence applications;
- Capacity development for our five year Quality Improvement Plan
- Standardized, Comprehensive Database for Reporting and Analytics, Longitudinal Performance Measurement, and Future Planning;
- Quadruple Aim Focus and Alignment;
- Comprehensive Training and Standardization;
- Community Engagement and Partnership programs;
- Opiate Replacement Therapies & Harm Reduction
- Crisis Intervention & Naloxone Administration Training

Wayside House of Hamilton acknowledges that while we have made incredible strides forward with respect to QI, we have only scratched the surface of potential. Over the next four years, the organization will be working tirelessly to ensure that we establish a strong leadership position within the industry, providing value and support for our clients and stakeholders. **We are committed to continuous improvement, maintaining our position at the forefront of cutting edge innovation and progress.**

# STATISTICS AT A GLANCE

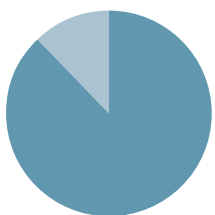


**398 INDIVIDUALS SERVED**

**280 INDIVIDUALS COMPLETING ASSESSMENT**

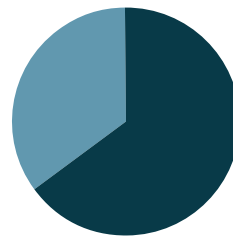
**12,539 SUPPORTIVE HOUSING RESIDENT DAYS**

**7,751 RESIDENTIAL TREATMENT DAYS**



**88% SELF-HELP INVOLVEMENT**

**3883 RESIDENTIAL GROUPS**



**CLIENTS INVOLVED IN MENTAL HEALTH SUPPORTS**

**34,800 MEALS SERVED**



**80% FAMILY ENGAGEMENT**

**61,520 GROUP PARTICIPANTS**

**16,243 FACE TO FACE MEETINGS**

**15,803 PHONE / TEXT**



**85% REDUCTION IN ER VISITS**





# WAYSIDE HOUSE OF HAMILTON HEP C TEAM

## Who We Are

We are an outreach team. We meet clients/ patients “where they are at” anywhere in the community (home, coffee shop, etc.). We have access to office space in our building to host one on one visit with clients, and would be open to seeing patients at our building, or yours (or anywhere else the patient feels comfortable).

## Our Mission

The Hepatitis C team follows the Mission of the Ministry of Health & Long-term Care’s AIDS & Hepatitis C programs: “To establish treatment services that will help curb the spread of the Hepatitis C Virus (HCV), by ensuring that people are diagnosed, and treated for Hepatitis C.”

## Our Mandate

The Wayside House of Hamilton Hep C Team has been funded by the Ministry of Health and Long Term Care’s AIDS & Hepatitis C Secretariat to provide services and comprehensive medical care, and treatment to individuals, living with, affected by, or at risk of acquiring, the Hepatitis C Virus within the City of Hamilton and the Six Nations of the Grand River and the Mississaugas of the New Credit First Nation.

## Our Team

### Dr. Marco Puglia

Hepatitis C – Physician Lead

### Dr. Zahira Khalid

Consulting Physician *Internal Medicine*

### Dr. Tim O’Shea

Hepatitis C—Treatment Physician *Infectious Disease Specialist*

### Dr. Puglia

Consulting Physician

### Jane McQueen

Hepatitis C—Treatment Nurse

### Suzanne Edwards

Hepatitis C—Community Coordinator

### Jason Paulley

Hepatitis C—Social Work - Psycho-Social Support

### Ray Bryan

Hepatitis C—Outreach Worker

## Our Services

- Hepatitis C Treatment
- Hepatitis C Testing
- Hepatitis C Counselling
- Hepatitis C Case Management
- Education & Awareness
- Capacity Building for Professionals
- Weekly Peer Support
- Peer Support Training Program
- Harm Reduction
- Addiction Focus

**In particular, our target population are those who meet the following criteria (this list is identified from the MOH as being at-risk for HCV):**

- People who use drugs
- People Involved with the correctional system
- People who are homeless or under-housed
- Aboriginal Peoples
- Street-involved Youth
- People with tattoos and/or body piercings

## Peer Support Group

Patients who are at-risk, affected by, or living with Hepatitis C are welcome to attend our Peer-led Support Group located at 131 John St S (CMHA building across from Go Station).



# CLIENT SPOTLIGHT





# TESTIMONIALS

"The unique skills and strengths each staff member holds, has allowed me to see my issues from different angles. I struggle with loneliness, anxiety, codependency, accepting life for what it is. These things prevent me from maintaining a clean and healthy life and Wayside has a wonderful program that I feel is truly client centered."

- AR

WHAT WAYSIDE MEANS TO ME.

TO ME, WAYSIDE MEANS A NEW LIFE, A NEW BEGINNING. IT MEANS MY LITTLE GIRLS WILL HAVE A FATHER TOMORROW, SOMEONE TO GUIDE THEM IN THE RIGHT PATH, SOMEONE TO PROTECT THEM. IT MEANS I DON'T HAVE TO WAKE UP WANTING TO DIE TODAY, THAT I DON'T HAVE TO SLOWLY COMMIT SUICIDE, OR SPEND EVERY MOMENT OF EVERY DAY LOCKING, CHASING MY NEXT FIX, AND HURTING EVERYONE I CARE ABOUT, THAT I CAN LEARN TO LOVE MYSELF AND WHO I AM, THAT PEOPLE CAN CHANGE IF THEY WANT TOO BAD ENOUGH, AND THIS HOUSE HAS SLOWLY TAUGHT ME THAT I AM ENOUGH.



"Hope, happiness, a life worth living, was something that was simply something I had given up on. My addiction, I believed was to far gone and my destiny was either jail or death. Then I found the courage to give life one more shot. Finally, I found Wayside Hamilton. With the help of the staff and programming, I now and living a new life of sobriety and my dreams and goals that were just wishful thinking, are now coming true each and every day. Thank you Wayside for giving me a chance to live a life of happiness, love and finally freedom from my addiction."

- RM

"First times a charm! For 30+ years, I have been an addict and have never entered treatment before. Wayside has made me feel welcomed and safe, even amidst to COVID-19 pandemic. Wayside staff are not only knowledgeable and experienced but demonstrate a level of care that has helped me to progress confidently with my recovery. Wonderful program! Thank you!"

- CN

"It truly is a gift to be given a second chance at a healthy life here at Wayside. I can honestly say I have never been in an environment that allows men to be vulnerable and work on sobriety and community together like Wayside does. The world needs more of the type of compassion and care that is shown here every day."

- PM

"I think Wayside is awesome for the amazing jobs that they do here for the people that are struggling with addiction. If you have ever thought that you don;t belong anywhere in this world, this is where

you belong for the sake of your life. Where you can begin a new chapter of your life."

- C

"Before coming to wayside, I spent some time as an inpatient at a concurrent disorders ward nearby. After being discharged, I was under the influence that the battle against alcohol was over, simply by staying sober. Coming to Wayside House has taught me that sobriety is only a prerequisite to my recovery. There is much ore of a chance of success in my recovery now that Wayside House has provided me with the proper insight and tools to move forward with my recovery. Thank you Wayside, you have saved my life."

- JC

"I couldn't wait to get to wayside to engage in the process of recovery. Wayside taught me about 'self' ie. to look for acceptance from within. That I believed was key to my process of recovery. Wayside has not only helped me to be in recovery, but to be a better, healthier person. Thanks Wayside!"

- RK

"I can honestly say that Wayside House trumps the few other places I have been in all aspects; structure, counselling, activities, cleanliness, staff etc. I truly believe that with the help I am receiving from Wayside, I have hope towards a very bright future."

- JK

"Wayside is awesome. It helped me get sober, and stay sober. I love Wayside."

- KT

I Was at rock bottom and was ready to take my own life and was in a state of hopelessness due to heavy drug use and because of the help and the staff of wayside I now have a new chance at life and have never been more greatfull. Thank you Wayside  
D.J.

# APPRECIATION

- Addictions and Mental Health Association of Ontario
- Alternatives for Youth
- Anita Kitchen
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- Associate Minister of Health Michael Tibollo
- Bian Craig
- Bishop of Hamilton
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- Canadian Mental Health Association—Hamilton Branch
- Carluke's Ladies Aid
- Carmen's Group - P.J Mercanti
- Catholic Diocese of Hamilton
- Charlton Health
- City of Hamilton
- Connect Community Church
- Councillor Esther Pauls
- Councillor Ferguson
- Councillor Jason Farr
- Counsellor Danko
- Crock A Doodle - Brantford
- Damini Sandhu
- Dave Wallace
- Deanna Levy
- De La Sol Yoga Studio
- Donna Skelly - Flamborough/Glanbrook PC MPP
- Dr. Khalid
- Dr. Marco Puglia
- Dr. Myles Sergeant
- Dr. O'Shea
- Dr. Simali Garach
- Dr. Vijay Garach
- Gilead Pharmaceutical
- Gord Pauls
- Hamilton Fire Department
- Hamilton Health Team
- Hamilton Niagara Haldimand Brant Local Health
- Hamilton Police - Senior Officers
- Hamilton Police Association
- Hamilton Police Services
- Honey Badgers
- Integration Network (HNHB LHIN)
- Jeanine Lindley
- John Conlin Family and Friends
- Kathy Mann and Associates
- Kenzie Homulos
- KS Customwear
- Labourers International Union of North America
- Lifelabs
- MacKesy Smye
- Madeleine Levy
- Men's Addiction Services Hamilton
- MERCK Canada
- Meridian
- Meridian Credit Union
- Ministry of Health & Long-Term Care
- Mohawk College
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- National Steel Car Employees
- OJTBF
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- Runners Den
- SCOT's of Brantford
- Shelter Health Network
- Sherrard Kuzz LLP - Tim Allen
- Six Nations Health Services
- St. John's Presbyterian Church
- The AIDS & Hepatitis C Secretariat
- The Dan Saunders Family
- Thrive Group
- Vine and Partners
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