



ANNUAL REPORT 2021

CELEBRATING 54 YEARS
OF SERVICE EXCELLENCE



CONTENTS

Organizational Overview - 04
Organizational Alignment - 04
Message from the President & CEO - 05
Treasurer's Report - 06
Auditors Report - 06
Audit Statements - 08
Quality Improvement - 11
Residential Program - 11
Statistics - 12
Hep C Team - 13
Wayside Spring Newsletter - 14
Client Spotlight - 15
Pandemic Pivot - 16
Wayside Goes Virtual - 17
Testimonials - 18
Appreciation - 19

BOARD MEMBERS

John Hartnett - President
Derek Bartens - Vice President
Rene Juneja - Treasurer
Anthony Volpe - Director
Joey Temprile - Director
Khang Nguyen - Director
Ryan McHugh - Director
Gordon Conlin - Director
*Nancy Watt - Director
*Charles Robertson - Director

*joined during the year

CONTACT INFORMATION

Wayside House of Hamilton

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Canadian Centre
for Accreditation



Agréé par
Centre canadien
de l'agrément



DEDICATION & FOREWORD

This Annual Report is dedicated to those whom we serve. To men who turn to us for stability, education, direction and support. To men who deserve access, understanding and respect. To men who should always have the choice to live their recovery on their terms.

It is these men who truly represent the purpose of our service. They have humbled all of us and we will hold their memory and desire for recovery as the cornerstone for all that we do.

This years dedication goes to Richard, Alex, Tommy, Gerrit, Corey and Pinchas.



CLINICAL STAFF

- | | |
|--------------------|------------------------------------|
| Regan Anderson | Chief Executive Officer |
| Dr. Myles Sergeant | Medical Director |
| Bobby Silva | Clinical Supervisor |
| Robert Primrose | House Manager |
| Ryan Kitchen | Program Manager |
| Ken Barwick | Addiction Counsellor |
| Amit Parmar | Addiction Counsellor |
| Simrat Tung | Addiction Counsellor |
| Joey Mercer | Addiction Counsellor |
| Kevin Da Silva | Addiction Counsellor |
| Steve Presta | Addiction Counsellor |
| Michael Van Aragon | Addiction Counsellor |
| Tyler De Melo | Addiction Counsellor |
| Danielle Martino | Addiction Counsellor |
| Nathan Jordan | Addiction Counsellor |
| Kathleen Thomas | Addiction Counsellor |
| Jack Daniels | Addiction Counsellor |
| Jackline Kulang | Hep C Team Coordinator |
| Jane McQueen | Hep C Team Registered Nurse |
| Jason Paulley | Hep C Team Social Work |
| Brennan Coombs | Peer Support |

ORGANIZATIONAL OVERVIEW

Wayside House of Hamilton is a not-for-profit community-based charitable organization, dedicated to empowering the alcohol /drug dependent male to accept and sustain a purposeful life of sobriety.

Through education, counselling, advocacy, support and caring we strive to improve the quality of life for the substance dependent male through the provision of addiction knowledge, social and life skills in a substance free environment. All services of Wayside House of Hamilton are open to everyone regardless of

race, colour, creed, ethnic origin, sexual orientation, religion, or economic circumstance.

Wayside House of Hamilton seeks to remain on the cutting edge of innovation while enriching the client experience, as well as empowering individuals to take control and redefine their lives. By maintaining a standard of excellence, Wayside House of Hamilton seeks to facilitate change and recovery, keeping a multi-faceted and individually based approach. The year saw great steps taken towards improvement and innovation.

ORGANIZATIONAL ALIGNMENT

OUR MISSION

As a community based non-for profit charitable organization, Wayside House of Hamilton is committed to residential addiction treatment and supportive housing for males and transitional aged male youth, including those with concurrent disorders. Wayside House provides quality, evidence informed programming through integrated services and partnerships in the province of Ontario.

OUR VISION

To be the provider of choice for men's substance-dependent evidence-informed services.

OUR GUIDING PRINCIPLES

- Honesty & Integrity
- Sustainability & Accessibility
- Quality Improvement
- Responsibility & Accountability
- Cooperation & Collaboration
- Safety

OUR BELIEFS

- We believe that recovery from substance dependency is possible and achievable.
- We believe that every individual has a right to recovery.
- We believe in developing and fostering a client-centric environment to empower individuals to take responsibility and accountability for their own recovery, needs, strengths and weaknesses, and goals.
- We believe that confidentiality and trust are paramount in maintaining an environment where individuals can recover.
- We believe that the care-path for every client should include the components of the social determinants of mental health and addiction: specifically, freedom from discrimination & violence, social inclusion, and access to economic resources.

OUR VALUES

- Integrity and accountability at every level of the organization, and its' interactions.

- An ethical framework based on evidence-informed best practices.
- Respect for diversity, embracing differences and developing an environment free from discrimination.

OUR PHILOSOPHY

In support of Wayside House of Hamilton's vision, mission, and values, we will consistently provide high quality services to enable men to recover and maintain abstinence from substance dependency. We are committed to continuous, long-term improvement so that we may consistently meet the needs of the individuals we serve. Our primary measure of service success is a positive outcome as indicated and determined by the clients we serve; whose best interest remains at the center of all decisions made.

We believe that alcohol and drug addiction is not a character flaw or a moral failing but rather a chronic health condition which deserves to be treated with care, backed by evidence-informed treatment in a safe environment that fosters consistent, positive outcomes.

It is the philosophy of Wayside House of Hamilton that we will:

- Embrace a culture of continuous improvement, critical thought, and innovation.
- Empower the client to take ownership and responsibility for their program.
- Employ best practices in our service delivery and ensure treatment of the highest quality.

OUR PROGRAM FOCUS

Integrated Residential Addiction Treatment and Supportive Housing for Men. Focus on Concurrent Disorders in a trauma informed environment.



FROM THE PRESIDENT AND CEO

The COVID-19 pandemic has dramatically altered many aspects of our program. The masks, screenings, isolation, and hygiene protocols have greatly disrupted the client experience and the workload of our staff. There is one thing that the pandemic has not impacted – Wayside House of Hamilton’s significance in the lives of the men we support. Our staff have faced tremendous adversity over the past 18 months, but their willingness to work together to support our men has been truly remarkable. As we conclude our 54th year of operation, we are equipped with immeasurable learnings, strengthened partnerships and a heightened awareness of how to be prepared for future crises.

To accommodate the lockdown provisions, our residential program’s bed capacity had to drop from 23 to 16. This drop was reflected across the province. Some treatment programs were hit harder than others, and many of Ontario’s addiction and mental health services were not able to keep their doors open. As a result of the pandemic and reduction of provincial residential programming beds, the demand for in house treatment increased drastically. Our wait times for admissions went from 6 weeks to 5 months.

To remedy this, we turned to our government and community for help. With support from the Ministry of Health and the Ontario Trillium Foundation we were able to create an environment that met Public Health Guidelines. We were able to install barriers and other dividers that kept our clients safe. We were able to restore our capacity and continue to bring in men from across the province. Investments improved the client experience with significant investment in virtual care. We purchased iPads, laptops and specialty carts for communication and networking. Clients in isolation, on our waitlist, in supportive housing and continuing care will now be able to initiate supports stay connected. Our goal is develop a seamless delivery of care that supports client regardless as to where they are. This will greatly improve the client experience and enhance all aspects of our program.

One of the learnings from the lockdown protocols was that space and in-house provisions need to be readily available to meet the needs of clients. Following the direction of our Strategic Plan, the Board of Directors continues to invest our resources towards fundraising and program expansion efforts. Our goal is to develop a state of the art program that will all but eliminate wait times, improve outcomes and allow men and transitional aged male youth an opportunity to restore their lives and return to their families and community.

Wayside House has faced challenges before, but nothing comparable to COVID 19. The resilience our staff have maintained, the vision of our operational leaders and support from the Board have been nothing short of excellent. We have continued to keep the client’s wellbeing in the centre of our decision making.

While it may be easy to dwell on COVID 19 and its impacts on our agency we must never lose focus on the realities of our clients. Their recovery should never take a back seat to other priorities. We must show resilience and be able to adapt quickly. The lives of those we serve should always take centre stage. Too many lives are lost because our ‘system’ is ill prepared and loses its focus so quickly. We need to be better than that. Wayside House can do better than that.

Our strong community and hospital partners will help Wayside House of Hamilton continue to improve access, equity and quality of care. Together, we will continue to maintain a strong commitment to recovery and assure that we are there when the call is made.

John Hartnett
President, Board of Directors

Regan Anderson
CEO

AUDITOR'S REPORT

Qualified Opinion

We have audited the financial statements of Wayside House of Hamilton (the Organization), which comprise the statement of financial position as at March 31, 2021, and the statements of changes in net assets, operations and cash flows for the year then ended, and notes to the financial statements, including a summary of significant accounting policies. In our opinion, except for the possible effects of the matter described in the Basis for Qualified Opinion section of our report, the accompanying financial statements present fairly, in all material respects, the financial position of the Organization as at March 31, 2021, and the results of its operations and its cash flows for the year then ended in accordance with Canadian accounting standards for not-for-profit organizations.

Basis for Qualified Opinion

In common with many not-for-profit organizations, the Organization derives revenue from fundraising activities and donations, the completeness of which is not susceptible to satisfactory audit verification. Accordingly, verification of these revenues was limited to the amounts recorded in the records of the Organization. Therefore, we were not able to determine whether any adjustments might be necessary to other revenue, excess of revenues over expenses, and cash flows from operations for the year ended March 31, 2021, current assets and net assets as at March 31, 2021. Our audit opinion on the financial statements for the year ended March 31, 2020 was modified accordingly because of the possible effects of this limitation of scope. We conducted our audit in accordance with Canadian generally accepted auditing standards. Our responsibilities under those standards are further described in the Auditor's Responsibilities for the Audit of the Financial Statements section of our report. We are independent of the Organization in accordance with the ethical requirements that are relevant to our audit of the financial statements in Canada, and we have fulfilled our other ethical responsibilities in accordance with those requirements. We believe that the audit evidence we have obtained is sufficient and appropriate to provide a basis for our qualified audit opinion.

Responsibilities of Management and Those Charged with Governance for the Financial Statements

Management is responsible for the preparation and fair presentation of the financial statements in accordance with Canadian accounting

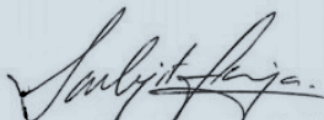
TREASURER'S REPORT

Welcome everyone to our Annual General Meeting and thank you for your support. It is my pleasure to serve as the Treasurer for Wayside House and to present the Treasurer's Report for the fiscal year end of March 31, 2020. As a testament to the Wayside House's commitment to fiscal responsibility and efficient use of resources, gives me great pleasure to announce that the organization ended the year having spent all its funding received for operations with a significant increase in Donations which resulted in a \$93,862 surplus. Much of these donations were generated through the generosity volunteers and the annual fundraiser, Walk-4-Wayside. I want to thank all that participated in making it a success.

I am proud of the way the staff under the leadership of our President and CEO have pivoted in the COVID-19 environment ensuring that our clients still continue to receive the quality care they deserve. I applaud each and every one of them as this is a reflection of their dedication to Wayside House.

I am honoured to present the audited financial statements as prepared by Vine and Partners LLP.

Respectfully submitted,



Sarbjit (Rene) Juneja, MBA, CPA, CMA, CD2

standards for not-for-profit organizations, and for such internal control as management determines is necessary to enable the preparation of financial statements that are free from material misstatement, whether due to fraud or error.

In preparing the financial statements, management is responsible for assessing the Organization's ability to continue as a going concern, disclosing, as applicable, matters relating to going concern and using the going concern basis of accounting unless management either intends to liquidate the Organization or to cease operations, or has no realistic alternative but to do so. Those charged with governance are responsible for overseeing the Organization's financial reporting process.

Auditor's Responsibilities for the Audit of the Financial Statements

Our objectives are to obtain reasonable assurance about whether the financial statements as a whole are free from material misstatement, whether due to fraud or error, and to issue an auditor's report that includes our opinion. Reasonable assurance is a high level of assurance, but is not a guarantee that an audit conducted in accordance with Canadian generally accepted auditing standards will always detect a material misstatement when it exists. Misstatements can arise from fraud or error and are considered material if, individually or in the aggregate, they could reasonably be expected to influence the economic decisions of users taken on the basis of these financial statements. As part of an audit in accordance with Canadian generally accepted auditing standards, we exercise professional judgment and maintain professional skepticism throughout the audit. We also:

- Identify and assess the risks of material misstatement of the financial statements, whether due to fraud or error, design and perform audit procedures responsive to those risks, and obtain audit evidence that is sufficient and appropriate to provide a basis for our opinion. The risk of not detecting a material misstatement resulting from fraud is higher than for one resulting from error, as fraud may involve collusion, forgery, intentional omissions, misrepresentations, or the override of internal control.
- Obtain an understanding of internal control relevant to the audit in order to design audit procedures that are appropriate in the circumstances, but not for the purpose of expressing an opinion on the effectiveness of the Organization's internal control.
- Evaluate the appropriateness of accounting policies used and the reasonableness of accounting estimates and related disclosures made by management.
- Conclude on the appropriateness of management's use of the going concern basis of accounting and, based on the audit evidence obtained, whether a material uncertainty exists related to events or conditions that may cast significant doubt on the Organization's ability to continue as a going concern. If we conclude that a material uncertainty exists, we are required to draw attention in our auditor's report to the related disclosures in the financial statements or, if such disclosures are inadequate, to modify our opinion. Our conclusions are based on the audit evidence obtained up to the date of our auditor's report. However, future events or conditions may cause the Organization to cease to continue as a going concern.
- Evaluate the overall presentation, structure and content of the financial statements, including the disclosures, and whether the financial statements represent the underlying transactions and events in a manner that achieves fair presentation.

We communicate with those charged with governance regarding, among other matters, the planned scope and timing of the audit and significant audit findings, including any significant deficiencies in internal control that we identify during our audit.



AUDIT STATEMENT

Wayside House of Hamilton Statement of Financial Position March 31, 2021

ASSETS

CURRENT

Cash	\$405,067	\$185,301
Short term investments (Note 4)	\$414,308	\$412,841
Accounts receivable	\$141,171	\$101,483
Prepaid expenses	\$23,718	-

CAPITAL ASSETS (Note 5)

	2021	2020
	\$984,264	\$699,625
	\$425,143	\$407,393

LIABILITIES

CURRENT

Accounts payable and accrued liabilities (Note 6)	\$216,330	\$38,879
Demand loan (Note 7)	\$75,805	\$97,155
Deferred income (Note 8)	\$29,083	-

DEFERRED CAPITAL GRANTS (Note 9)

	\$1,409,407	\$1,107,018
	\$321,218	\$136,034
	\$268,620	\$245,277

NET ASSETS

Operating and community fund	\$257,264	\$166,308
Capital Fund	\$148,909	\$154,502
Reserve Fund	\$413,396	\$404,897

	\$589,838	\$381,311
	\$819,569	\$725,707
	\$1,409,407	\$1,107,018

	Operating & Community Fund	Capital Fund	Reserve Fund	2021	2020
NET ASSETS - BEGINNING OF YEAR	\$166,308	\$154,502	\$404,897	\$725,707	\$522,252
Excess (deficiency) of revenues over expenses	\$90,956	(\$5,593)	\$8,499	\$93,862	\$203,455
NEW ASSETS - END OF YEAR	\$257,264	\$148,909	\$413,396	\$819,569	\$725,707

REVENUES

	2021	2020
Ministry of Health operating grants	\$699,035	\$623,406
Ministry of Health Hepatitis C Secretariat fund	\$390,624	\$390,624
Ministry of Health supportive housing	\$312,768	\$312,768
Donations	\$97,442	\$223,032
Other	\$36,039	\$45,764
Ministry of Health medical and dental reimbursement	\$26,200	\$39,069
Grants and sponsorships	-	\$26,550
Guests' room and board	\$20,582	\$18,925
Recognition of deferred capital funding	\$54,741	\$9,096
Ministry of Health COVID-19 support (Note 10)	\$159,028	-
	\$1,785,459	\$1,689,234

EXPENSES

Accreditation expense	-	\$8,684
Amortization of capital assets	\$60,334	\$14,243
Bank charges	\$547	\$375
Communications	\$35,858	\$26,504
Dues and memberships	\$2,640	\$2,515
Food and medical	\$113,865	\$140,490
Hepatitis C program expenses	\$28,447	\$34,404
Insurance	\$15,137	\$13,936
Interest on demand loan	\$3,056	\$5,228
Office and general	\$26,237	\$15,852
Personal needs, medical and dental	\$27,923	\$39,026
Print and promotion	\$2,299	\$1,529
Professional and consulting	\$122,153	\$52,739
Program	\$124,819	\$28,435
Repairs and maintenance	\$32,437	\$49,700
Salaries and benefits	\$1,060,426	\$1,011,285
Training and development	\$2,638	\$3,869
Transportation	\$8,621	\$15,458
Travel and meals	\$4,422	\$7,139
Utilities	\$19,738	\$14,368
	\$1,691,597	\$1,485,779
EXCESS (DEFICIENCY) OF REVENUE OVER EXPENSES	\$93,862	\$203,455

OPERATING ACTIVITIES

Excess of revenues over expenses

Items not affecting cash:

Amortization of capital assets

Recognition of deferred capital funding

Changes in non-cash working capital:

Accounts receivable

Accounts payable and accrued liabilities

Deferred income

Prepaid expenses

Cash flow from operating activities

INVESTING ACTIVITIES

Purchase of capital assets

Short term investments

Deferred capital grants

Cash flow used by investing activities

FINANCING ACTIVITY

Repayment of long term debt

INCREASE IN CASH FLOW

CASH - BEGINNING OF YEAR

CASH - END OF YEAR

2021

\$93,862

\$60,334

(\$54,741)

\$99,455

(\$39,688)

\$177,450

\$29,083

(\$23,718)

\$143,127

\$242,582

(\$78,085)

(\$1,467)

\$78,086

(\$1,466)

(\$21,350)

\$219,766

\$185,301

\$405,067

2020

\$ 203,455

\$14,243

(\$9,096)

\$208,602

(\$53,674)

(\$76,075)

(\$14,968)

-

(\$144,717)

\$63,885

(\$211,120)

(\$6,115)

\$208,891

(\$8,344)

(\$19,172)

\$36,369

\$148,932

\$185,301

QUALITY IMPROVEMENT

Quality Improvement (QI) is a systematic approach to assessing services and optimizing outcomes. Wayside House of Hamilton's approach to quality improvement is based on the following principles:

- Individuals Served Focus;
- Recovery Oriented;
- Flexibility & Individuality;
- Empowerment;
- Leadership Involvement;
- Data Informed Practice;
- Proactive Prevention;
- Continuous Improvement.

This year our QI activities included:

- Aligning all services to address the Determinants of Health;
- Development of a standardized Scorecard and excel-based intelligence applications;
- Capacity development for our five year Quality Improvement Plan

- Standardized, Comprehensive Database for Reporting and Analytics, Longitudinal Performance Measurement, and Future Planning;
- Quadruple Aim Focus and Alignment;
- Comprehensive Training and Standardization;
- Community Engagement and Partnership programs;
- Opiate Replacement Therapies & Harm Reduction
- Crisis Intervention & Naloxone Administration Training

Wayside House of Hamilton acknowledges that while we have made incredible strides forward with respect to QI, we have only scratched the surface of potential. Over the next four years, the organization will be working tirelessly to ensure that we establish a strong leadership position within the industry, providing value and support for our clients and stakeholders. **We are committed to continuous improvement, maintaining our position at the forefront of cutting edge innovation and progress.**

RESIDENTIAL PROGRAM

Wayside House of Hamilton is a residential addiction treatment program for adult males. Our programs are specifically designed to address the needs of men who have identified an issue with alcohol and drug use. Program components meet best practice and are as follows:

Orientation

- 3-5 day orientation to program;
- Introduction to residential setting and counselors;
- Formulation of treatment plan;
- Introduction to self help supports including AA, NA, & CA;
- Discharge planning begins.

Core Program

- 5-6 week comprehensive treatment program;
- Educational sessions, process groups and 1:1 counselling;
- Life skills, recreation, and development of social learning skills;
- w and maintaining established treatment goals.

Recovery

- 3-4 week duration;
- Completion of comprehensive relapse prevention program;
- Discharge plan put into action;
- Reintegration into the community; options may include stable housing, employment opportunities, and other supports.

Relapse Prevention: An Integral Part of Recovery

- Considered one of the most important aspects of the recovery phase;
- Applied after the core program modules are completed;
- Helps to reinforce all that has been learned and further provides the tools and skills needed to maintain the goal of abstinence;
- Establishes the framework to cope with trials that come along the way;
- Clients learn how to avoid pitfalls and how to stay the course. Continuing Care: An Aspect of Community Treatment
- 2+ years of supported aftercare;
- Weekly support groups;
- Client maintains a relationship with the program for ongoing support.



420

INDIVIDUALS SERVED

Up 22 individuals from 2020, despite a pandemic



5,161 RESIDENTIAL DAYS



27,375 MEALS SERVED

12,842

RESIDENTIAL DAYS SUPPORTIVE HOUSING

An increase of 303 days

48,752

GROUP PARTICIPANTS

7,522

RESIDENTIAL GROUP

Up 3,639 as we doubled up groups to meet social distancing rules



PHONE – TEXT – VIRTUAL CARE

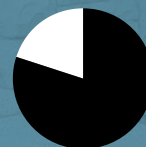
20,703 MINUTES

an increase of 4,900 minutes



319 INDIVIDUAL COMPLETING ASSESSMENT

An increase of 39 individuals



80% FAMILY ENGAGEMENT



16,008 FACE-TO FACE MEETINGS



87% REDUCTION IN ER VISITS



WAYSIDE HOUSE OF HAMILTON HEP C TEAM

Who We Are

We are an outreach team. We meet clients/ patients “where they are at” anywhere in the community (home, coffee shop, etc.). We have access to office space in our building to host one on one visit with clients, and would be open to seeing patients at our building, or yours (or anywhere else the patient feels comfortable).

Our Mission

The Hepatitis C team follows the Mission of the Ministry of Health & Long-term Care’s AIDS & Hepatitis C programs: “To establish treatment services that will help curb the spread of the Hepatitis C Virus (HCV), by ensuring that people are diagnosed, and treated for Hepatitis C.”

Our Mandate

The Wayside House of Hamilton Hep C Team has been funded by the Ministry of Health and Long Term Care’s AIDS & Hepatitis C Secretariat to provide services and comprehensive medical care, and treatment to individuals, living with, affected by, or at risk of acquiring, the Hepatitis C Virus within the City of Hamilton and the Six Nations of the Grand River and the Mississaugas of the New Credit First Nation.

Our Team

Dr. Marco Puglia

Hepatitis C – Physician Lead

Jane McQueen

Hepatitis C—Treatment Nurse

Jackline Kulang

Hepatitis C—Community Coordinator

Jason Paulley

Hepatitis C—Social Work - Psycho-Social Support
Acting Coordinator

Our Services

- Hepatitis C Treatment
- Hepatitis C Testing
- Hepatitis C Counselling
- Hepatitis C Case Management
- Education & Awareness
- Capacity Building for Professionals
- Weekly Peer Support
- Peer Support Training Program
- Harm Reduction
- Addiction Focus

In particular, our target population are those who meet the following criteria (this list is identified from the MOH as being at-risk for HCV):

- People who use drugs
- People Involved with the correctional system
- People who are homeless or under-housed
- Aboriginal Peoples
- Street-involved Youth
- People with tattoos and/or body piercings

Peer Support Group

Patients who are at-risk, affected by, or living with Hepatitis C are welcome to attend our Peer-led Support Group located at 131 John St S (CMHA building across from Go Station).

WAYSIDE HOUSE SPRING NEWSLETTER

Love and hope

"I am extremely blessed and grateful to be able to spend this Mother's Day with my son. Many holidays and special occasions were missed but it was Mother's Day that hurt the most. Wayside House of Hamilton has given tremendous support to my son and they truly care and accept everyone who walks through their doors.

For all the mothers this year who may be struggling emotionally, there is HOPE. Never give up on your child. Always hug and tell them you love them as much as you can. Most of all, make sure you take care of yourself. Happy Mother's Day to all the moms! You are all amazing!"

- Dan's Mom, Rhonda

A mother's love and loss

"This Mother's Day, I will be remembering my Baby boy who struggled so hard to live life, as well as my struggle as a mother keeping him alive.

January 2, 2021 Alex lost his battle to an unintentional overdose. Many of Alex's friends from Wayside have reached out to our family, some he knew for years. The positive stories they shared about their experiences with Alex warmed our hearts. Alex has touched many during his lifetime and I will live with that proud Momma moment forever.

For the Mother's who are standing beside their loved ones as they go through their journey of recovery, just let them know they are loved daily.

Things need to change, and we cannot do it alone, awareness and having community support is a huge step. There needs to be treatment available without an unrealistic waitlist."

- Alex's Mom, Sharon - lost her son

A day to celebrate my sons

For me, Mother's Day is really a day to celebrate my sons. After all, aren't they a reflection of me?

This day hasn't always been happy. But that's all changed now.

My son has now been in recovery for over 10 years, and he's thriving. He has an amazing family – a beautiful, strong partner, two young incredibly brilliant daughters and one pretty crazy dog.

The constant worry has disappeared. The fighting has been replaced with hugs. The fear has turned into gratitude.

I never thought of myself as a very good Mom. But now, when I see my sons' compassion and confidence, Mother's Day is a time to celebrate them!!!

- Ryan's Mom, Anita

The last year has been like no other. COVID-19 brought challenges that have stretched our capacity as individuals and organizations.

As Spring unfolds, we are reminded of the extraordinary power of nature to renew itself. We, too, are working to renew ourselves, and we have some news to share that gives us hope for 2021.

Mother's Day is part of Spring, and also reminds us of hope and renewal. At Wayside we often hear from mothers whose sons have travelled with us on the path to recovery.

These stories remind us that there are few things as powerful as a mother's love. The feelings these mothers share touch our hearts. We wanted to share some of them with you today as a reminder of the importance of hope, and the possibility of renewal.

Virtual counselling

COVID-19 also made it difficult to provide the counselling support that is a critical part of the recovery process. This was especially true of group support for men living in the community.

The one of our committed funders supported us in developing virtual care programs.

We are excited to be able to provide counselling support while keeping clients and staff safe.

'Forever Aftercare', today, tomorrow and into the future.

Bringing back beds!

When COVID-19 physical distancing measures took effect last year, Wayside House had to adjust our rooms so we could continue to serve our clients.

Making sure that clients were properly separated meant that we lost seven beds in the house, some of which were crisis beds. It hurt to lose these beds, but client safety is our top priority.

Recently, we were able to secure funding to re-configure some of our space and in April of 2021 we add back four of those crucial beds.

Thank you our dedicated funders for your continued support of Wayside House of Hamilton.

You are helping more men join us on the path to recovery.

CLIENT SPOTLIGHT

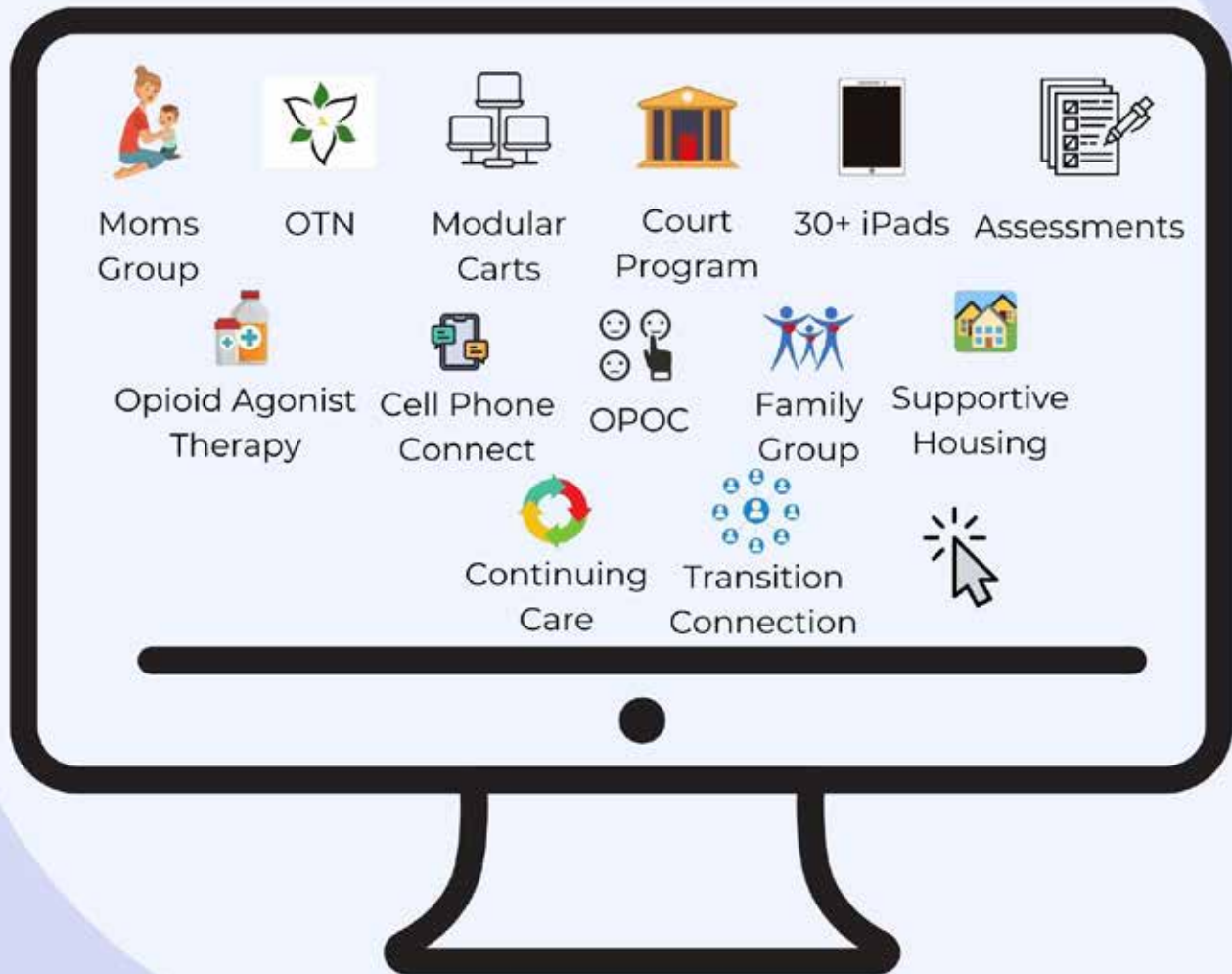


PANDEMIC PIVOT



Wayside House Goes Virtual!

2021



*Thanks to the Ontario Trillium Foundation
and the Ministry of Health*

With the generous support of both the Ministry of Health and the Ontario Trillium Foundation, we were able to create a virtual care program that improved our service and expanded our reach. The pandemic has taught us to engage with our clients, families and referral agents differently. To meet their needs more effectively, timely and with equity. We couldn't have done this alone.



TESTIMONIALS

“How did Wayside help me. For me if I did not come in to Wayside I would be dead now. They helped me in more ways than one. I needed help with just not my addiction but my mental and my self esteem. Becoming a member of Wayside, I met so many people I really respect and look up to. Then there is the people that work at Wayside. They taught my that I could respect myself and more importantly, respect others.” - **Anonymous**

“What Wayside and the staff have done for me is show me how to live a healthy, clean and sober life. And better yet, show me how to love myself again. I will always be grateful for having the opportunity for coming to Wayside.” - **DJ**

“After attending treatment 3 times, I decided to take the plunge and contact Wayside to do a longer program. When I got there, I was welcomed with open arms. I started working their program and with the help of my counselor, we worked to develop a program for me. Looking into all aspects of my life and creating changes. Once I completed my time in the house, we worked out a plan to continue my care. Coming back into the house to help out and stay engaged. I wouldn't say that it has been easy, a few struggles, but Wayside was there to give me a hand when I asked for it, and for that I am thankful. Thank you to the staff, the board of Directors, those that support Wayside, and the guys in the house.” - **Kevin**

“The program here at Wayside is the best program I have been to and the program that has changed my life. Prior to Wayside, I had a lot of problems opening up, loss of spiritual connection, and ultimately, a lost, destroyed individual. The program has taught me the tools needed for recovery. The reconnection and health of my spirituality. I have re-learned how to enjoy activities I once did sober. Along with the program, the staff at Wayside are incredible. Their love for what they do and the amount they care about the clients shows. They go above and beyond what is expected to ensure that everyones needs are met. Thanks to the program and staff I have made tremendous personal growth. Although I have had lapses, the program is extremely supportive and welcoming to get me back on track. Wayside is the best thing to happen to me in a long time, and saved my life. I can truly call Wayside home and family, something I haven't been able to say in years.” - **Anonymous**

“Wayside has helped and continues to help me recover. They did not stop at getting me clean and sober. They have allowed me to develop life skills at my own pace. These skills vary from learning to communicate effectively to establishing healthy routines, even learning to cook. The relationships and connections I have established with staff, and other clients are invaluable. I am very grateful to be a part of their supportive family.” - **BC**

“My two daughters recommended myself to attend Wayside, which I agreed and my mind was made up that I would complete but would I continue to drink. After speaking with counselors and attending groups, Ive done a complete 180 turn and realize life has so much to offer. I am grateful for all staff and the knowledge I gained while at Wayside.” - **Anonymous**

“Wayside has helped me with changing my life for the better. I've been taking left turns all my life and it's got me nowhere. So I've decided to take a right turn and it's brought my to Wayside and now I have the direction I've needed.” - **CM**

“Wayside has helped me save my life. The compassion and knowledge of the staff is incredible. They helped me understand my disease and go through the shame of realized it's not because I was born a bad person. Thanks to their program my daughters have their Dad back” - **CF**

“Once I decided to fight my addiction my goal was set. I needed to get my life back, and Wayside of Hamilton was there for me. If I was open to learn, they were there to teach; if I was willing to work on the new me, they were there to provide the necessary tools; and once I was ready to begin my sober life anew, they were standing by me with the structure and support I'd need to ensure my success. And I'm 2 better, happier person today because of the work we've done together.” - **JP**



APPRECIATION

- AIDS – Hepatitis C Secretariat
- AS Advertising
- Addictions and Mental Health Ontario
- Alex Hamvai Family
- Alternatives for Youth
- Anita Kitchen
- Associate Minister of Health – Michael Tibollo
- Beaver Electrical and Mechanical Contracting
- Brenda Patterson
- Brian Craig
- CMHA-Hamilton Branch
- Canadian Centre for Accreditation
- Carluke's Ladies Aid
- Carmen's Group – PJ Mercanti
- Charlton Health
- City of Hamilton
- Councillor Esther Pauls
- Dan Saunders Family
- Dave Wallace
- Dave Wallace
- Dr. Kerry Beal
- Dr. Khalid
- Dr. Marco Puglia
- Dr. Myles Sergeant
- Dr. Peter Bieling
- Dr. Simali Garach
- Dr. Tim O'Shea
- Dr. Vijay Garach
- Ellen McCarroll
- Foundation for Human Development
- Fundraising Lab
- Gilead Pharmaceutical
- Gord Pauls
- Greater Hamilton Health Network
- HNHB Local Health Network
- Hamilton Fire Department
- Hamilton Honey Badgers
- Hamilton Police Association
- Hamilton Police Services
- Hamilton Police – Senior Officers
- Heritage Green Community Church
- Holly Raymond
- Home Depot
- Jeanine Lindley
- John Conlin Family
- Just Brand It
- KS Customware
- Kenzie Homulos
- LiUNA Local 837
- Madeleine Levy
- Maggie Drummond
- Men's Addiction Services Hamilton
- Meridian Credit Union
- Mohawk College
- Most Reverend Douglas Crosby, OMI
- National Steel Car Employees
- OJTBF
- Ontario Ministry of Health
- Ontario Trillium Foundation
- PharmaSave - Medical Arts
- Project Concern – HPS
- Rhonda Leonard
- Ron Tomblin
- Runner's Den
- Sandhu Family
- Saood Nazir
- Shelter Health Network
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- St. John Presbyterian Church
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- Winch Group

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