



2024 ANNUAL REPORT

COMMITMENT TO RECOVERY. COMMITMENT TO QUALITY

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BOARD MEMBERS

- Khang Nguyen** – President
- John Hartnett** – Past President
- Joey Temprile** – Vice President
- Anthony Volpe** – Director
- Nancy Watt** – Director
- Charles Robertson** – Director
- Alexander White** – Director

CONTACT INFORMATION

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Ontario L8P 2B8

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THE WAYSIDE TEAM



Regan Anderson	Chief Executive Officer
Dr. Myles Sergeant	Medical Director
Bobby Silva	Clinical Supervisor
Robert Primrose	House Manager
Ryan Kitchen	Program Manager
Bahar Ighani	Nurse Practitioner
Jason Paulley	Hepatitis C Coordinator
Paige Faber	Director of Development
Aaron Carubba	Quality Improvement & Data Management Lead
Diana Strauss	Hep C Registered Nurse
Mason Kurchkik	Integrated Hep C Outreach Worker & Addictions Specialist
Ken Barwick	Addiction Case Manager
Andrew Bell	Addiction Case Manager
Tori Brunner	Addiction Case Manager
Danielle Burdiak	Addiction Case Manager
Jack Daniels	Addiction Case Manager
Dana Frigon	Addiction Case Manager
Seli Hacali	Addiction Case Manager
Dana Muma	Addiction Case Manager
Calvyn Lewis	Addiction Case Manager
Amit Parmar	Addiction Case Manager
Steven Presta	Addiction Case Manager
Cheril Smith	Addiction Case Manager
James Jarrett	Peer Support Worker
John Lang	Peer Support Worker

ORGANIZATIONAL OVERVIEW

Wayside House of Hamilton is a not-for-profit, community-based charitable organization dedicated to empowering the substance-dependent man to accept and sustain a purposeful life of sobriety. Through education, counselling, advocacy and support we strive to improve the quality of life for the substance-dependent man through the provision of addiction knowledge and life skills in a substance-free environment. All Wayside House services are open to everyone

regardless of race, colour, creed, ethnic origin, sexual orientation, religion, or economic status. Wayside House seeks to remain on the cutting edge of innovation while enriching the client experience and empowering individuals to redefine their lives. By maintaining a standard of excellence, Wayside House seeks to facilitate change and recovery through multi-faceted and personalized approach.

ORGANIZATIONAL ALIGNMENT

OUR MISSION

As a community based non-for profit charitable organization, Wayside House of Hamilton is committed to residential addiction treatment and supportive housing for males and transitional aged male youth, including those with concurrent disorders. Wayside House provides quality, evidence informed programming through integrated services and partnerships in the province of Ontario.

OUR VISION

To be the provider of choice for men's substance-dependent evidence-informed services.

OUR PROGRAM FOCUS

Integrated Residential Addiction Treatment and Supportive Housing for Men, with an emphasis on concurrent disorders in a trauma-informed environment.

OUR GUIDING PRINCIPLES

- Honesty & Integrity
- Sustainability & Accessibility
- Quality Improvement
- Responsibility & Accountability
- Cooperation & Collaboration
- Safety

OUR BELIEFS

- We believe that recovery from substance dependency is possible and achievable.
- We believe that every individual has a right to recovery.
- We believe in developing and fostering a client-centric environment to empower individuals to take responsibility and accountability for their own recovery, needs, strengths and weaknesses, and goals.
- Confidentiality and trust are integral to an environment where individuals can recover.

- We believe that the care-path for every client should include the components of the social determinants of mental health and addiction: specifically, freedom from discrimination & violence, social inclusion, and access to economic resources.

OUR VALUES

- Integrity and accountability at every level of the organization and its interactions.
- An ethical, evidence-based treatment framework
- Respect for diversity, embracing differences and developing an environment free from discrimination

OUR PHILOSOPHY

- In support of Wayside House of Hamilton's vision, mission, and values, we will consistently provide high quality services to enable men to recover and maintain abstinence from substance dependency. We are committed to continuous, long-term improvement so that we may consistently meet the needs of the individuals we serve. Clients determine their primary measures of success and their best interest always remains at the center of our decision-making.
- We believe that addiction is not a character flaw or a moral failing but a chronic health condition which deserves to be treated with care, backed by evidence-informed treatment in a safe environment that fosters consistent, positive outcomes. It is the philosophy of Wayside House of Hamilton that we will:
 - Embrace a culture of continuous improvement, critical thought, and innovation.
 - Empower the client to take ownership of and responsibility for their program.
 - Employ best practices in service delivery and ensure treatment of the highest quality.

FROM THE PRESIDENT

As we reflect on the achievements of this past year at Wayside House of Hamilton, we are filled with a deep sense of pride and gratitude. Under the dedicated leadership of Regan Anderson, who is celebrating his 25th anniversary as CEO, we have seen remarkable progress and growth in our organization. Regan's unwavering commitment and vision have been instrumental in guiding us through challenges and opportunities alike, fostering an environment of hope, recovery, and positive change.

This year has been a testament to our collective efforts to expand and enhance the supports and services we provide. We have successfully increased our capacity with additional beds and have further developed our recovery-focused programs, ensuring that we meet the growing needs of our community. Our revitalized staffing model, with an emphasis on inclusivity and comprehensive support, has been pivotal in creating a safe and welcoming environment for all those we serve.

At Wayside House of Hamilton, we firmly believe in supporting the continuum of care. We respect each individual's right to make choices based on their readiness for change and their personal recovery goals. We understand that not everyone may be in a position to make lifestyle changes at any given moment, and we are committed to supporting an environment where everyone feels understood, safe, and respected, regardless of where they are on their recovery journey.

Our commitment to building stronger community partnerships has also been a cornerstone of our success. By collaborating with local organizations, stakeholders, and supporters, we have not only expanded our reach but have also enriched the quality of our services. These partnerships have enabled us to be more responsive and adaptive, fostering a more integrated approach to care and recovery.

Looking forward, we are excited about our future expansion plans. Our vision includes not only increasing our capacity with additional beds but also broadening our programs to offer even more robust and tailored support for those in need. We are committed to being future-ready, continuously adapting to the dynamic landscape of recovery services, and ensuring that Wayside House remains a beacon of hope and healing in our community.

We are profoundly grateful to our incredible staff, whose dedication and hard work are the foundation of all our successes. Their courage and resilience inspire us every day, as they embody the values of recovery, change, and hope. Together with the Wayside Board, we remain steadfast in our mission to create a safe, inclusive, and supportive environment for everyone at Wayside House.

As we celebrate these achievements and look toward the future, we are filled with optimism and determination. We believe in the power of recovery, the strength of community, and the potential for positive change. With the continued support of our community, partners, and dedicated staff, we are confident that we will continue to grow and thrive, providing essential services to those who need them most.

I join our CEO in submitting this report this year. Thank you for being a part of our journey and for sharing in our commitment to recovery, courage, change, and hope.

Sincerely,



Khang Nguyen, MBA, CPA, CMA
President, Board of Directors

FROM THE CEO

As I reflect on my 25 years as CEO of Wayside House, I am filled with a deep sense of privilege and gratitude. Leading this organization has been one of the greatest honors of my life. Over the years, I have witnessed profound and positive changes—both in the lives of those we serve and in the evolution of our programs. We have worked tirelessly to enhance the quality of our services and, in doing so, have produced meaningful improvements in the outcomes of the men who come through our doors.

The demand for our services has increased significantly, a testament to the growing need for support for those living with substance use disorder. We recognize that addressing addiction requires more than just treatment—it demands a comprehensive approach to recovery that encompasses every social determinant of health. At Wayside, we strive to improve the recovery experience by addressing not just the physical aspects of addiction but also the mental, emotional, and social challenges that accompany it. Our goal is to instill a sense of hope in every individual by creating holistic, sustainable recovery plans – plans that truly make a difference in their lives.

A critical part of our journey has been the engagement of our alumni, whose lived experiences inform our decision-making and guide the evolution of our program. Their insights ensure that our services remain relevant, impactful, and responsive to the ever-changing landscape of addiction recovery. Our alumni are living proof that recovery is possible, and they inspire us every day to continue our work with renewed commitment.

None of this would be possible without the unwavering dedication of our staff. They are, without a doubt, the backbone of our agency. Their passion, resilience, and compassion are what make Wayside the respected live-in treatment center it is today. I am immensely proud of our staff because their collective efforts are the foundation of our success. Wayside is known throughout Ontario as a trusted provider of addiction treatment and that reputation is a direct result of the hard work and commitment of every single member of our team.

I would be remiss if I did not express my profound appreciation for Wayside's Board of Directors. Over the years, they have not only stood with me but beside me, offering unwavering support and trust. Their belief in me has been one of the most meaningful aspects of my time as CEO. The Board has had my back in every sense, guiding Wayside through challenges and triumphs with a steadfast commitment to our mission.

Through their vision and leadership, the Board has created an agency where real change is possible. Their strategic thinking and governance ensure that Wayside remains financially stable, which has allowed us to develop, grow, and thrive. I am grateful that the Board values the experience I bring to every level of decision-making, and their trust empowers me to lead with confidence. I can say with certainty that I would not be where I am today without the wisdom, guidance, and belief of our Board. They have been instrumental in shaping the future of Wayside and for that I am deeply grateful.

Looking to the future, we remain focused on improving access to our services, reducing wait times, and enhancing recovery outcomes. We are committed to creating a positive, progressive environment where the possibility of long-term recovery is not just a hope but a reality. As we continue to grow and adapt, our vision is to ensure that everyone who walks through our doors has the support they need to reclaim their lives, restore their sense of purpose, and take pride in their recovery.

I am incredibly proud of what we have accomplished together, and I am humbled every day by the strength and courage of our clients, the dedication of our staff, and the wisdom of our board. Wayside has become an integral part of my life, and I remain deeply committed to honoring and respecting our clients as they take the brave steps toward restoring their lives. It is a privilege to serve this community, and I look forward to continuing our journey towards fostering hope, change, and a brighter future for all.

Sincerely,



Regan Anderson
CEO

TREASURER'S REPORT

Welcome everyone to our 57th Annual General Meeting. I'm honored to also serve as the interim Treasurer for Wayside House of Hamilton and to present the Treasurer's Report for the fiscal year ended March 31, 2024.

The organization continues to overcome financial challenges this year, with continued pressures on our program and services, to continue our commitment in efficiently and effectively delivering high quality programming and services, while mitigating delays for access to care.

It gives me great pleasure to announce that Wayside House of Hamilton was able to secure additional Ministry funding along with steady donations in support of Wayside programming and expansion efforts. Thank you to everyone who participated in our annual Step Up for Wayside fundraiser and to those who worked tirelessly behind the scenes to make it a success. Wayside House of Hamilton is undertaking a major capital campaign to support the expansion of our program and your continued support is as important as ever, as we move forward through the various development stages in the coming years.

I would like to also mention our working partners Thrive Group and Vine and Partners LLP, and thank them for their continued professionalism, unwavering support and guidance in providing crucial and critical reporting to Regan Anderson, CEO and the Wayside Board, required to effectively guide our organization's goals and mission, and maintain our financial health over the past year. Our successes are shared with and because of them, as well as our dedicated staff and our community of supporters. Thank you all for another successful year and we appreciate your continued support as we work through the next fiscal year.

Respectfully submitted,

Khang Nguyen, MBA, CPA, CMA

Interim Treasurer, Wayside House of Hamilton



AUDITOR'S REPORT

QUALIFIED OPINION

We have audited the financial statements of Wayside House of Hamilton (the Organization), which comprise the statement of financial position as at March 31, 2023, and the statements of changes in net assets, operations and cash flows for the year then ended, and notes to the financial statements, including a summary of significant accounting policies. In our opinion, except for the possible effects of the matter described in the Basis for Qualified Opinion section of our report, the accompanying financial statements present fairly, in all material respects, the financial position of the Organization as at March 31, 2023, and the results of its operations and cash flows for the year then ended in accordance with Canadian accounting standards for not-for-profit organizations (ASNPO).

BASIS FOR QUALIFIED OPINION

In common with many charitable organizations, the Organization derives revenue from fundraising activities and donations, the completeness of which is not susceptible of satisfactory audit verification. Accordingly, our verification of these revenues was limited to the amounts recorded in the records of the Organization and we were not able to determine whether any adjustments might be necessary to contributions, excess of revenues over expenses, current assets and net assets. Our audit opinion on the financial statements for the year ended March 31, 2023 was modified accordingly because of the possible effects of this limitation of scope.

We conducted our audit in accordance with Canadian generally accepted auditing standards. Our responsibilities under those standards are further described in the Auditor's Responsibilities for the Audit of the Financial Statements section of our report. We are independent of the Organization in accordance with ethical requirements that are relevant to our audit of the financial statements in Canada, and we have fulfilled our other ethical responsibilities in accordance with these requirements. We believe that the audit evidence we have obtained is sufficient and appropriate to provide a basis for our qualified audit opinion.

RESPONSIBILITIES OF MANAGEMENT AND THOSE CHARGED WITH GOVERNANCE FOR THE FINANCIAL STATEMENTS

Management is responsible for the preparation and fair presentation of the financial statements in accordance with ASNPO, and for such internal control as management determines is necessary to enable the preparation of financial statements that are free from material misstatement, whether due to fraud or error.

In preparing the financial statements, management is responsible for assessing the Organization's ability to continue as a going concern, disclosing, as applicable, matters related to going concern and using the going concern basis of accounting unless management either intends to liquidate the Organization or to cease operations, or has no realistic alternative but to do so. Those charged with governance are responsible for overseeing the Organization's financial reporting process.

AUDITOR'S RESPONSIBILITIES FOR THE AUDIT OF THE FINANCIAL STATEMENTS

Our objectives are to obtain reasonable assurance about whether the financial statements as a whole are free from material misstatement, whether due to fraud or error, and to issue an auditor's report that includes our opinion. Reasonable assurance is a high level of assurance, but is not a guarantee that an audit conducted in accordance with Canadian generally accepted auditing standards will always detect a material misstatement when it exists. Misstatements can arise from fraud or error and are considered material if, individually or in the aggregate, they could reasonably be expected to influence the economic decisions of users taken on the basis of these financial statements. As part of an audit in accordance with Canadian generally accepted auditing standards, we exercise professional judgment and maintain professional skepticism throughout the audit. We also:

- Identify and assess the risks of material misstatement of the financial statements, whether due to fraud or error, design and perform audit procedures responsive to those risks, and obtain

audit evidence that is sufficient and appropriate to provide a basis for our opinion. The risk of not detecting a material misstatement resulting from fraud is higher than for one resulting from error, as fraud may involve collusion, forgery, intentional omissions, misrepresentations, or the override of internal control.

- Obtain an understanding of internal control relevant to the audit in order to design audit procedures that are appropriate in the circumstances, but not for the purpose of expressing an opinion on the effectiveness of the Organization's internal control.
- Evaluate the appropriateness of accounting policies used and the reasonableness of accounting estimates and related disclosures made by management.
- Conclude on the appropriateness of management's use of the going concern basis of accounting and, based on the audit evidence obtained, whether a material uncertainty exists related to events or conditions that may cast significant doubt on the Organization's ability to continue as a going concern. If we conclude that a material uncertainty exists, we are required to draw attention in our auditor's report to the related disclosures in the financial statements or, if such disclosures are inadequate, to modify our opinion. Our conclusions are based on the audit evidence obtained up to the date of our auditor's report. However, future events or conditions may cause the Organization to cease to continue as a going concern.
- Evaluate the overall presentation, structure and content of the financial statements, including the disclosures, and whether the financial statements represent the underlying transactions and events in a manner that achieves fair presentation.

We communicate with those charged with governance regarding, among other matters, the planned scope and timing of the audit and significant audit findings, including any significant deficiencies in internal control that we identify during our audit.



AUDIT STATEMENT

Wayside House of Hamilton Statement of Financial Position March 31, 2024

ASSETS

CURRENT

Cash	\$1,034,805	\$819,416
Short term investments	\$272,930	\$267,578
Accounts receivable	\$38,544	\$36,822
Prepaid expenses	\$1,204	\$10,511

PROPERTY AND EQUIPMENT

2024 2023

\$1,327,483	\$1,134,327
\$2,556,490	\$2,327,664

\$3,903,973 **\$3,461,991**

LIABILITIES

CURRENT

Accounts payable and accrued liabilities	\$168,796	\$181,283
Demand loan	\$8,167	\$31,651
Deferred income	\$249,549	\$148,903

LONG TERM DEBT

DEFERRED CAPITAL GRANTS

\$426,512	\$361,837
\$1,850,000	\$1,850,000
\$164,598	\$176,648

\$2,441,110 **\$2,388,485**

NET ASSETS

Operating and community fund	\$679,383	\$516,758
Capital Fund	\$128,783	\$136,444
Reserve Fund	\$429,197	\$420,304

\$1,462,863 \$1,073,506

\$3,903,973 **\$3,461,991**

	Operating & Community Fund	Capital Fund	Reserve Fund	Building Fund	2024	2023
NET ASSETS - BEGINNING OF YEAR	\$516,758	\$136,444	\$420,304	\$-	\$1,073,506	\$962,336
Prior Year adjustment (Note 15)	\$24,557	-	-	-	\$24,557	\$24,557
As Restated	\$541,315	\$136,444	\$420,304	-	\$1,098,063	\$986,893
Excess of revenues over expenses	\$138,068	(\$7,661)	\$8,893	\$225,500	\$364,800	\$111,170
NEW ASSETS - END OF YEAR	\$679,383	\$128,783	\$429,197	\$225,500	\$1,462,863	\$1,098,063

REVENUES

	2024	2023
Ministry of Health operating funding	\$1,632,047	\$1,457,566
Ministry of Health Hepatitis C Secretariat fund	\$487,632	\$390,624
Donations	\$120,187	\$120,082
Recognition of deferred capital funding	\$75,952	\$72,105
Other	\$37,946	\$29,124
Ministry of Health medical and dental reimbursement	\$36,726	\$28,103
Grants and sponsorships	\$35,050	\$140,855
Guests' room and board	\$32,130	\$16,900
Building Donations	\$225,500	\$3,000
	\$2,683,170	\$2,258,359

EXPENSES

Salaries and benefits	\$1,521,415	\$1,374,769
Food and medical	\$212,332	\$172,342
Program	\$91,587	\$87,685
Professional and consulting	\$85,772	\$86,598
Amortization of capital assets	\$83,613	\$81,128
Hepatitis C program expenses	\$72,223	\$29,939
Repairs and maintenance	\$49,906	\$50,174
Communications	\$57,414	\$57,038
Office and general	\$40,242	\$29,157
Personal needs, medical and dental	\$39,613	\$27,553
Utilities	\$25,816	\$26,529
Fundraising expenses	\$8,915	\$53,423
Insurance	\$26,795	\$20,450
Interest on demand loan	\$2,237	\$3,092
Print and promotion	\$500	\$14,613
COVID-19 one time expenses	-	\$10,155
	\$2,318,370	\$2,122,634
EXCESS (DEFICIENCY) OF REVENUE OVER EXPENSES	\$364,800	\$135,725

OPERATING ACTIVITIES

Excess of revenues over expenses

2024
\$364,800

2023
\$135,725

Items not affecting cash:

Amortization of capital assets

\$83,613

\$81,128

Recognition of deferred capital funding

(\$75,952)

(\$72,105)

\$372,461

\$144,748

Changes in non-cash working capital:

Accounts receivable

(\$1,723)

\$5,487

Prepaid expenses

\$9,307

(\$10,511)

Accounts payable and accrued liabilities

(\$12,485)

\$68,300

Deferred income

\$100,646

\$39,571

\$95,745

\$102,847

Cash flow from operating activities

\$648,206

\$247,595

INVESTING ACTIVITIES

Purchase of capital assets

(\$287,884)

(2,077,526)

Short term investments

(\$5,352)

(\$115,383)

Deferred capital grants

\$63,161

\$49,385

Cash flow used by investing activities

(\$230,075)

(\$1,872,758)

FINANCING ACTIVITY

Proceeds from long term financing

-

\$1,850,000

Repayment of long term debt

(\$22,742)

(22,297)

Cash flow from (used by) financing activities

(\$22,742)

1,827,703

INCREASE IN CASH FLOW

\$215,389

\$202,540

CASH - BEGINNING OF YEAR

\$819,416

\$616,876

CASH - END OF YEAR

\$1,034,805

\$819,416

CELEBRATING OUR CEO'S 25TH ANNIVERSARY

This year Wayside House celebrated a milestone of 25 years with our leader, Regan Anderson. Regan has guided Wayside House through two and a half decades of recovery and innovative care, helping thousands of men and their families along the way.

Regan started his career in Connecticut, where he earned a Master's degree in clinical psychology and served as an addictions counselor before returning to Ontario. As a Director at Hamilton Health Sciences, Regan oversaw the establishment of the Men's Withdrawal Management program and facility. Regan became the CEO of Wayside House in 1999 and has been a steadfast guide for our clients, families and the wider community ever since.

As a member of Addictions and Mental Health Ontario's Board of Directors, Regan uses his years of experience and insight to chart the course of recovery services across the province. In 2017 Regan was recognized for his work on the Patient and Family Advisory Council with a Minister's Medal Honouring Excellence in Health Quality and Safety.

In August, Wayside's Board of Directors along with staff and members of Regan's family gathered at The Hamilton Club to celebrate the occasion. Regan: your Board, your staff and every member of the Wayside House family will forever be grateful for your tireless service!





PATIENT HEALTH NAVIGATOR

The Patient Health Navigator position continues to be made possible by a generous grant from the Allen & Milli Gould Family Foundation.

Since 2005, the Shelter Health Network (SHN) has served Hamilton's highest-risk populations by linking healthcare professionals and social service agencies. In recognition of the many barriers faced by this population, Wayside House and SHN designed a Patient Health Navigator role with support from the Allen & Milli Gould Family Foundation. The Patient Health Navigator receives referrals from SHN's network of healthcare professionals and assists these clients in achieving their goals as defined by the social determinants of physical and mental health. For example, clients who require assistance making appointments, fulfilling their basic needs or completing service-related paperwork have all been helped by our Patient Health Navigator. To even further integrate our care, we have recently expanded the role to include Hep C services as well. This commitment helps to extend healthcare out of the doctor's office and into the community at large. In a system where falling through the cracks is unfortunately all too common, Wayside House and the Shelter Health Network are committed to providing a reliable safety net.



QUALITY IMPROVEMENT

The Year in QI at Wayside

This year we employed several new initiatives to further align our programming with Ontario Health's six dimensions of quality: safety, effectiveness, efficiency, accessibility and client focus.

We've made our program more accessible by streamlining our referral process and combining it with Peer Support to provide more seamless care to incoming clients.

Our clinical staff training regimen now includes a dedicated course on Motivational Interviewing, an invaluable tool for fostering hope in our participants and guiding them towards their self-identified treatment goals.

We've redoubled our commitment to safety by integrating naloxone training into the group schedule and developing a comprehensive Risk Management Framework to better identify, measure and mitigate threats to the safety of our clients and staff.

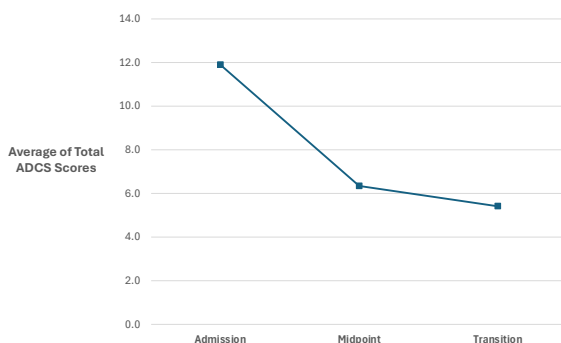
Finally, we extensively addressed program completion rates with the support of the provincial Excellence Through Quality Improvement Project. We analyzed the most common reasons for early discharge and tested client retention strategies such as readiness discussions and improved orientation practices.

Progress & Outcome Monitoring

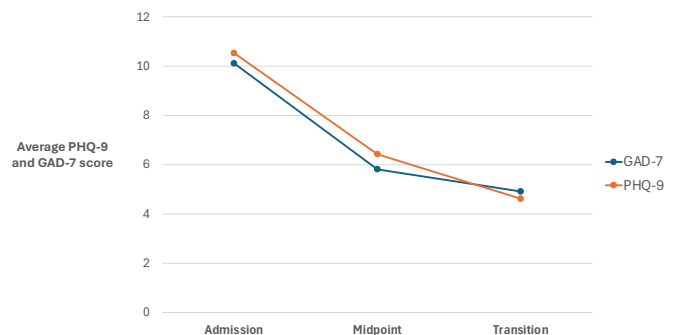
Started in 2022, our ongoing collaboration with Homewood Research Institute has culminated in a fully functional system for tracking client progress. By regularly measuring outcomes such as readiness, therapeutic alliance, cravings, confidence and depression, we now provide our participants with a quantitative model of their recovery which can direct future treatment decisions. These items, which were selected in collaboration with our clients, represent the elements of our service that we believe are most impactful to recovery. POM allows us to put these beliefs to the test and generate actionable insights into our service delivery.

Since our POM system began in earnest last October, we have surveyed 70 clients at regular intervals during treatment. The majority of these clients agreed that the surveys were specific to their experience and potentially helpful to their recovery. 95% of clients reported feeling respected by their counselors and agreeing with their counselors on what was important to work on. Presented here are two figures showing an aggregate decrease in measures of depression, anxiety and cravings across treatment. Taken together, these results are a sample of what POM can do as well as a testament to the ongoing good work of our clients and staff alike!

Cravings Across Treatment



Depression and Anxiety Across Treatment



STATS AT A GLANCE

494

INDIVIDUALS SERVED



106 ADMISSIONS



6841

FACE-TO FACE
MEETINGS

156

AFTERCARE
MEETINGS HELD

177

COMPLETED
SERVICE PLANS



50 DAY

AVERAGE WAIT



8949

ATTENDANCE DAYS

7805

GROUPS HELD



WAYSIDE HOUSE OF HAMILTON HEP C TEAM

Who We Are

We are an outreach team that meets clients and patients wherever they're at: home, a coffee shop, drop-in centre, etc. We have access to office space in the CMHA building for one-on-one visits with clients, and are open to seeing patients here, at another agency, or wherever patients feel most comfortable.

Our Mission

The Hepatitis C team follows the mission of the Ministry of Health & Long-term Care's AIDS & Hepatitis C programs: "To establish treatment services that will help curb the spread of the Hepatitis C Virus (HCV), by ensuring that people are diagnosed, and treated for Hepatitis C."

Our Mandate

The Wayside House Hep C Team is funded by the Ministry of Health and Long Term Care's AIDS & Hepatitis C Secretariat to provide services, comprehensive medical care and treatment to individuals living with, affected by or at risk of acquiring the Hepatitis C Virus within the City of Hamilton, the City of Brantford, the Six Nations of the Grand River and the Mississaugas of the New Credit First Nation

Our Team

Dr. Marco Puglia

Hepatitis C Physician Lead

Jason Pauley

Hepatitis C Community Coordinator

Diana Strauss

Registered Nurse

Mason Kurchik

Integrated Outreach Worker & Addictions Specialist

Our Services

- HIV Point of Care Testing
 - OraQuick Rapid Antibody and RNA dry blood spot testing available
- Hepatitis C Treatment
- Hepatitis C Counseling and Case Management with a focus on trauma-informed, harm reduction therapies
- Education & Awareness
- Capacity Building for Professionals
- HIV Testing

2023-2024 SNAPSHOT OF THE WAYSIDE HOUSE HEP C TEAM SERVICES

**Onsite Tests:
49
individuals**

**422
Oraquick
Rapid
Antibody**

**18
treatments
initiated**

**572 unique
service users**

**3760
Service
sessions**

**39 Education
presentations
with 519
participants**

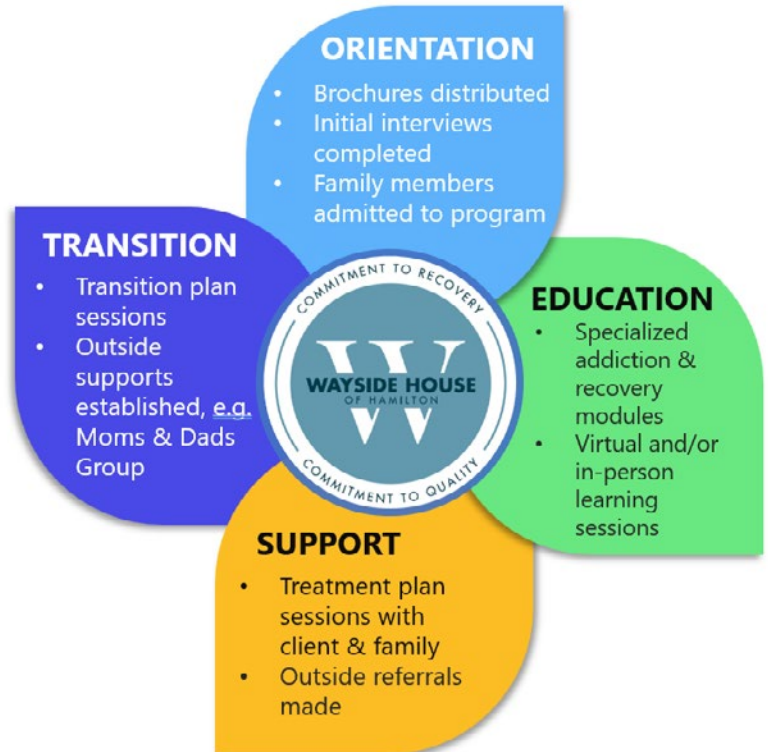
73 HIV Tests

**3813
Outreach
Contact**

WAYSIDE HOUSE FAMILY PROGRAM



- In late 2022, the outline of a new Wayside House Family Program was established and funded by a generous initial grant from Arcelor Mittal. By early 2023, our Family Program had graduated from idea to reality, made possible by continuous funding from the City Enrichment Fund. We are pleased to report our community's positive response to the program, with over 20 families participating so far.
- Family programming begins with a suite of educational materials tailored to the experience of having a loved one who lives with addiction. These materials describe the addiction, recovery and relapse processes in accessible language; by doing so, we aim to bridge the knowledge gap that sometimes exists between program participants and their loved ones. We provide a common language with which family members can discuss possible pitfalls and recovery strategies.
- This new vocabulary is employed during two support sessions in which clients walk their loved ones through the details of their treatment and transition plans. Potential challenges and specific opportunities for support are then built into the plans as necessary. In this way, we encourage family members to participate in the treatment process while respecting their loved one's autonomy and decision-making.



Family Program Structure





STEP UP FOR WAYSIDE 2023

Our return to Bayfront Park was a huge success! Thank you to the **more than 200 participants** who braved the elements to attend. Together we made another huge step in our journey towards making recovery possible for even more men across Ontario.



BUILDING RECOVERY



Render of proposed facility

In association with our community partners and the Hamilton Community Foundation, 2024 has seen ongoing investment in future readiness at Wayside House of Hamilton. Development continues on our innovative \$12 million facility in downtown Hamilton that will serve as a hub for recovery services across the city. In an everchanging landscape of challenge and opportunity, Wayside House's commitment to recovery remains steadfast. Stay tuned to our website and social media for ongoing updates on this exciting venture!

HAMILTON
COMMUNITY
FOUNDATION

TESTIMONIALS

“To me, Wayside House represents unconditional love. It’s a place of healing and community that I will forever be grateful for.” – **JL**

“Wayside offered me help when I didn’t believe in myself. Now I live with confidence, consistent with discipline in how I act and react. Thank you Wayside!” – **PK**

“Wayside place is a sanctuary where I can reflect, rejuvenate and gain new positive connections and perspectives. Wayside gave me clarity, hope and a fresh start at life.” – **NM**

“Wayside House has been an asset to my recovery and helped me better my life in so many ways. With Wayside and all their help I am able to move forward and achieve the goals and things that I want in my life. Thanks for helping me get my family and life back.” – **JLJ**

“Wayside means a safe place of transition into a new life full of hope, love and wellness. It is the space where vanity turns into grace and healing happens. Wayside brings light to individuals, families and communities.” – **KH, family member**

“To me, Wayside represents a safe, nurturing, effective place for recovery. Wayside treats not only an addict’s body but their mind and soul which gives them and their families hope of long term success. Whenever I am in contact with the people there, it is clearly a place driven by caring and love with a whole lot of experience mixed in.” – **AK, family member**

“Wayside helped me get sober. More importantly, Wayside has helped me stay sober and realize my potential as a person. I have been using their support for 7 years and I am still treated with the same respect, kindness and compassion as when I first walked through their doors.” – **SG**

“Wayside has been there for me when no one else was and believed in me that I could change. This made me believe that I could change. I have been sober since and moving forward with my life.” – **KL**

“If it was not for Wayside and its staff I’d be dead today. One question people ask me is “how did I get 6 years clean?” and I tell them if I didn’t hand myself over to the program and listen to my peers I would not have become the man I am today.” – **BO**

“Wayside to me is more than just a house – it was my home. It wasn’t just a residential treatment facility with counsellors. To me it felt like a home with family in it. I have never felt safer and more cared for as I did in the hands of Wayside House. Wayside means the world to me and many more struggling with addiction.” – **DM**

“Wayside taught me what real meaningful relationships are about. How to deal with life on life’s terms without giving up and how to love myself again. I really owe the life I have to them. I am truly grateful.” – **SF**

“Without Wayside’s support over nearly a decade, I wouldn’t have developed the skills to manage cravings, emotional challenges and relapse. Their help has also been instrumental in reconnecting with my family and rebuilding my life.” – **JJ**

“Wayside offers the chance to break the cycle of addiction by offering coping strategies and understanding triggers while providing tools to use effectively in addressing issues. Hope is key in the recovery process leading to motivation and determination.” – **SH**

“Suffering from mental health and addiction for many years made me feel hopeless, lost and ashamed. At Wayside they designed a plan specifically for me. I have been clean almost a year and now I feel proud and confident.” – **CC**

ACKNOWLEDGMENTS

We would like to extend our heartfelt gratitude to everyone who supported us this past year. To the hundreds of people who donated and participated in our Step Up for Wayside 2023: thank you for helping us raise the necessary funds to support our mission. To our alumni, their families, and their friends: we appreciate your continued dedication. And to our community partners, municipal government, social services, and corporate supporters: you rose to the occasion. Together, you made a real difference—and that’s what truly matters. Wayside wouldn’t be where we are today without each of you.

A special thanks to the Canadian Red Cross, through the United Way, for investing in our website redevelopment, creating better communication and accountability tools. The Ministry of Health of Ontario also played a crucial role, investing in our programs, staffing, and infrastructure. Ontario Health has become a valued partner in helping us achieve outcomes that drive success and secure strong recovery plans for hundreds of men. We are deeply grateful to the Centre of Excellence for their significant contribution of time and research in evaluating bedded services across Ontario, reinforcing the importance of the work we do. These initiatives are all part of our vision to build for the future.

We also want to acknowledge the Hamilton Community Foundation for its tremendous investment in our plans. Along with the Capital Campaign Committee, we are confidently moving in the right direction.

Throughout the year, we have continued to receive incredible support from Thrive Group, Vine Partners, the Greater Hamilton Health Network, Hamilton Police, Hamilton EMS and Paramedics, St. Joseph’s Hospital, Hamilton Health Sciences, Addiction and Mental Health Ontario, Medical Arts Pharmasave, Dr. Sergeant, Dr. Puglia, Shelter Health Network, the Allan and Milli Gould Family Foundation, Foundation for Human Development, numerous churches and faith groups, the 12-Step Community, Unifor, Metro Foods, Sherrard Kuzz LLP, Ross & McBride LLP, Home Capital, and Ontario Jeep Dealers Association.

Most importantly, we honour our clients—the men who come from across the province seeking support, compassion, and understanding. To those still struggling, those who fear change, the lives we’ve lost along the way, and to the families—mothers, fathers, sisters, brothers, sons, and daughters—who stand by their loved ones through their darkest times: we hold you in our hearts.

Regan Anderson, CEO



THANK YOU!

