2026 Annual Report

Wayside House of Hamilton

Commitment to Recovery • Commitment to Quality



Ontario

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BOARD MEMBERS

Khang Nguyen – President

Joey Temprile – Vice President & Secretary

Damini Sandhu - Treasurer

Anthony Volpe – Director

Alexander White – Director

Mark Jeftovic – Director

Russell Crocker ** – Director

Deacon Stephane Zara ** – Director

John Hartnett – Director (Past President)

Nancy Watt *

Charles Robertson *

Michael Sanderson *

*Resigned During year

** Joined During year

CONTACT INFORMATION

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Accredited by **Canadian Centre for Accreditation**

Agréé par **Centre canadien de l'agrément**

THE WAYSIDE TEAM

Regan Anderson	- Chief Executive Officer
Dr. Myles Sergeant	- Medical Director
Bobby Silva	- Clinical Supervisor
Ryan Kitchen	- Program Manager
Anton Grabovskiy	- Executive Assistant & Accreditation Lead
Jason Paulley	- Hepatitis C Coordinator
Diana Strauss	- Hep C Registered Nurse
Laura Christoff	- Integrated Hep C Social Service
Seli Hecali	- Integrated Hep C Outreach Worker & Patient Health Navigator
Parneet Kaur	- Night Shift Supervisor
Christine Banks	- Addiction Case Manager
Ken Barwick	- Addiction Case Manager
Danielle Burdiak	- Addiction Case Manager
Jack Daniels	- Addiction Case Manager
Chloe DiBenedetto	- Addiction Case Manager
Dana Muma	- Addiction Case Manager
Calvyn Lewis	- Addiction Case Manager
Amit Parmar	- Addiction Case Manager
Jessie MacMaster	- Addiction Case Manager
Samantha Rideout	- Addiction Case Manager
Monica Raudales	- Addiction Case Manager
Cheril Smith	- Addiction Case Manager
Michael Van Arragon	- Addiction Case Manager
James Jarrett	- Peer Support Worker
John Lang	- Peer Support Worker

Addiction took pretty much everything that mattered to me.

I hurt people I loved, and I lost a lot along the way, including my family.

Wayside gave me a chance to start figuring things out. The staff supported me, gave me guidance and their Family Support Program helped us work through a lot.

It wasn't easy, but things are different today.

I have my family back, and that means everything to me.

- JLJ




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JOIN US FOR OUR
CHARITY BBQ
FOR WAYSIDE HOUSE
JULY 23, 2026
11:00AM – 2:00PM
MEDICAL ARTS PHARMASAVE


WAYSIDE HOUSE
OF HAMILTON
WHERE FAMILIES MATTER
ArcelorMittal




WAYSIDE HOUSE
OF HAMILTON

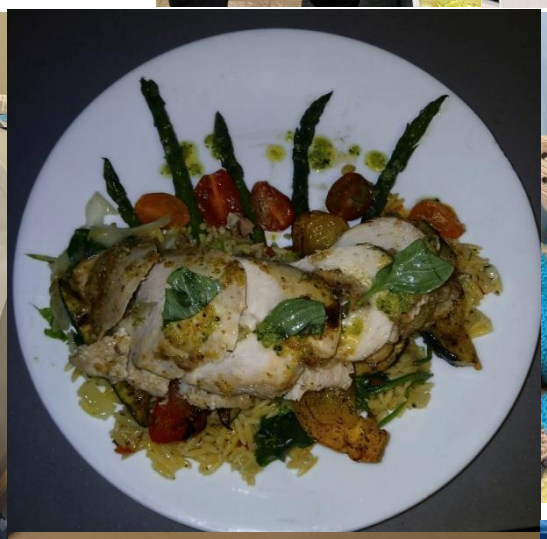

















ORGANIZATIONAL OVERVIEW & ALIGNMENT

Organizational Overview

Wayside House of Hamilton is a not-for-profit, community-based charitable organization dedicated to empowering the substance-dependent man to accept and sustain a purposeful life of sobriety. Through education, counselling, advocacy and support, we strive to improve the quality of life for the substance-dependent man through the provision of addiction knowledge and life skills in a substance-free environment. All Wayside House services are open to every- one regardless of race, colour, creed, ethnic origin, sexual orientation, religion, or economic status. Wayside House seeks to remain on the cutting edge of innovation while enriching the client experience and empowering individuals to redefine their lives. By maintaining a standard of excellence, Wayside House seeks to facilitate change and recovery through multi-faceted and personalized approach.

Organizational Alignment

Our Mission

As a community-based, not-for-profit charitable organization, Wayside House of Hamilton is committed to residential addiction treatment and supportive housing for males and transition- al- aged (18 to 24) male youth, including those with concurrent disorders. Wayside House provides quality, evidence-informed programming through integrated services and partnerships in the province of Ontario.

Our Vision

To be the provider of choice for men's substance-dependent evidence-informed services.

Our Program Focus

Integrated Residential Addiction Treatment and Supportive Housing for Men, with an emphasis on concurrent disorders in a trauma-informed environment.

Our Guiding Principles

- Honesty & Integrity
- Quality Improvement
- Cooperation & Collaboration
- Sustainability & Accessibility
- Responsibility & Accountability
- Safety

Our Beliefs

- We believe that recovery from substance dependency is possible and achievable.
- We believe that every individual has a right to recovery.
- We believe in developing and fostering a client-centric environment to empower individuals to take responsibility and accountability for their own recovery, needs, strengths and weaknesses, and goals.
- Confidentiality and trust are integral to an environment where individuals can recover.
- We believe that the care-path for every client should include the components of the social determinants of mental health and addiction: specifically, freedom from discrimination & violence, social inclusion, and access to economic resources.

Our Values

- Integrity and accountability at every level of the organization and its interactions.
- An ethical, evidence-based treatment framework
- Respect for diversity, embracing differences and developing an environment free from discrimination

I am incredibly grateful to Wayside House of Hamilton for their continued care and support. When I was afraid of relapsing, they welcomed me back and provided the safe & supportive environment I needed. I truly appreciate everyone at Wayside House and the difference they have made in my life.
-RAW

Our Philosophy

In support of Wayside House of Hamilton's vision, mission, and values, we will consistently provide high-quality services to enable men to recover and maintain abstinence from substance dependency. We are committed to continuous, long-term improvement so that we may consistently meet the needs of the individuals we serve. Our primary measure of service success is a positive outcome as indicated and determined by the clients we serve; whose best interest remains at the center of all decisions made. We believe that alcohol and drug addiction is not a character flaw or a moral failing but rather a chronic health condition, which deserves to be treated with care, backed by evidence-informed treatment in a safe environment that fosters consistent, positive outcomes.

It is the philosophy of Wayside House of Hamilton that we will:

- Embrace a culture of continuous improvement, critical thought, and innovation.
- Empower the client to take ownership and responsibility for their program.
- Employ best practices in our service delivery and ensure treatment of the highest quality

FROM THE PRESIDENT AND CEO

As we reflect on the past year and look ahead to Wayside House of Hamilton's 60th year of service in January 2027, we do so with pride in our history, confidence in our work, and a clear understanding of the challenges facing addiction treatment and recovery services in our community.

A major focus this year has been the continued advancement of our proposed expansion at 277 East Avenue North. What began as a capital concept has evolved into a comprehensive plan for expanded live-in addiction treatment, high-acuity supportive housing, and stronger connections with hospital and community partners. Detailed capital, operating, staffing, and program planning has continued alongside engagement with the Ministry of Health, the Health Capital Investment Branch, provincial leaders, and local representatives.

Partnerships remain fundamental to Wayside's direction. Our relationship with Hamilton Health Sciences provides a foundation for improved transitions from hospital to community-based treatment, while our ongoing work with St. Joseph's Healthcare Hamilton and other partners continues to strengthen integrated care pathways for people with substance use disorders. These relationships demonstrate the important role community addiction treatment can play in improving patient flow, reducing avoidable hospital pressures, and creating more direct pathways to recovery.

At the same time, Wayside continues to provide a broad continuum of care through live-in treatment, supportive housing, crisis beds, Forever Aftercare™, family support, and the Shelter Health Hepatitis C Program. Our Hepatitis C team continues to provide accessible, trauma-informed outreach, testing, support, and treatment across Hamilton, Brantford, Six Nations of the Grand River, and the Mississaugas of the Credit First Nation.

Quality, governance, and accountability also remained priorities. The Board continued to strengthen its committee structure, work planning, risk oversight, and focus on organizational performance. Internally, our use of measurement-based care, EMHware, Greenspace, and improved outcome tracking is helping us better understand client progress, strengthen programs, and demonstrate the impact of recovery-oriented treatment.

We have also reviewed organizational roles and responsibilities to ensure that clinical leadership, program delivery, supportive housing, facilities, accreditation, data, and governance support are positioned for the future. As Wayside grows, we remain committed to maintaining the personal, respectful, and compassionate care that has defined our organization for nearly six decades.

Continued on the next slide

FROM THE PRESIDENT AND CEO

The pressures facing the addiction system remain significant. Demand continues to exceed available treatment capacity, while rising operating costs, funding uncertainty, and the costs associated with planning for future expansion place additional pressure on community organizations. Sustainable operating funding, appropriate per diem rates, protection of existing treatment capacity, and timely decisions regarding expansion will be essential if Ontario is to respond effectively to the need we see every day.

Through these challenges, Wayside continues to demonstrate a simple but powerful truth: recovery is possible. Our work is made possible by committed staff, volunteers, community partners, donors, families, people with lived experience, and a Board of Directors dedicated to our mission.

As we approach our 60th year, our responsibility is both to honor what has been built and to prepare Wayside for what comes next. The 8th Annual Step Up for Wayside on October 17, 2026, will once again bring our community together in support of that mission. Our future must include greater treatment capacity, stronger supportive housing, integrated care pathways, measurable outcomes, and meaningful opportunities for people to rebuild their lives.

This year also brought a very personal loss to the Wayside family with the passing of Bob Primrose in July. Bob gave 30 years of his life to Wayside, and over those years he became far more than a valued and respected employee. He was a trusted presence, a familiar face, and someone who made a real difference in the lives of so many men on their recovery journey.

As CEO, I feel the sadness of his loss deeply and share the grief felt by so many across our organization. Bob was loved, and his contribution to Wayside cannot be measured simply in years of service. It is reflected in the people he helped, the relationships he built, and the lives he touched.

We will miss him greatly, and we will remember him with warmth, gratitude, and respect.

Respectfully submitted,

Khang Nguyen
President

Regan Anderson
Chief Executive Officer
Wayside House of Hamilton

TREASURER'S REPORT



I am pleased to present the Treasurer's Report for Wayside House of Hamilton for the fiscal year ended March 31, 2026. Throughout the year, Wayside continued to manage significant service, staffing and operating pressures while maintaining a strong focus on financial accountability, sustainability and the responsible stewardship of public and donated funds.

For 2025–2026, total revenues were $2,678,602, compared with $2,685,118 in the prior year. Ministry of Health operating funding increased to $1,665,796, and funding for the Hepatitis C Secretariat program increased to $488,383. Grants and sponsorships increased substantially to $172,323, donations rose to $142,519, and building donations totaled at $109,000.

Total expenses were $2,526,094, resulting in an overall excess of revenues over expenses of $152,508 for the year. Within the Operating and Community Fund, Wayside recorded an excess of $45,056. The year-end result reflects careful financial management in the face of increased costs, particularly in salaries and benefits, food and medical expenses, program delivery and communications.

Wayside also continued to strengthen its financial position. At March 31, 2026, total assets were $4,232,793 and total net assets were $1,863,735, up from $1,711,227 the previous year. Cash and short-term investments remained strong at approximately $1.30 million. The Reserve Fund ended the year at $444,329, while the Building Fund increased to $534,500.

The organization's capital planning and expansion work also remained an important financial consideration during the year. Property and equipment increased to $2,866,176, including $2,259,829 recorded as building under construction. Wayside's Hamilton Community Foundation loan had an outstanding balance of $1,845,026 at year-end and is being managed in accordance with its repayment terms and borrowing covenants.

These results demonstrate that Wayside continues to operate from a position of stability while carefully balancing the demands of current service delivery with the need to plan for future growth. This would not be possible without the disciplined oversight of management, the Board of Directors and our Finance and Audit Committee, together with the continued support of our funders, donors and community partners.

I would like to acknowledge the ongoing professionalism and support of Thrive Group and Vine and Partners LLP. Their financial guidance, reporting and audit support remain important to the CEO and Board in maintaining sound governance, transparency and accountability.

Finally, I extend my sincere appreciation to our staff, Board members, donors, funders and community supporters. Your commitment enables Wayside House of Hamilton to continue providing essential addiction treatment, supportive housing, outreach and recovery services while preparing for the future needs of our community.

Respectfully submitted,

Damini Sandhu, BSP, Rph

Treasurer, Wayside House of Hamilton

WAYSIDE HOUSE OF HAMILTON - STATEMENT OF OPERATIONS

- Exert from Audited Finance Statement

VINE and PARTNERS LLP
Chartered Professional Accountants

Revenues	2026	2025
Ministry of Health operating funding	**$1,665,796**	$1,632,211
Ministry of Health Hepatitis C Secretariat fund	**$488,383**	$485,132
Grants and sponsorships	**$172,323**	$90,586
Donations	**$142,519**	$123,398
Building donations	**$109,000**	$200,000
Other	**$35,816**	$38,134
Ministry of Health medical and dental reimbursement	**$23,499**	$25,208
Recognition of deferred capital funding	**$23,304**	$68,949
Guests' room and board	**$17,962**	$21,500
	$2,678,602	$2,685,118

Expenses	2026	2025
Salaries and benefits	**$1,700,129**	$1,615,713
Food and medical	**$290,096**	$210,624
Program	**$123,146**	$100,728
Professional and consulting	**$100,940**	$162,132
Repairs and maintenance	**$76,141**	$86,605
Communications	**$57,121**	$38,854
Office and general	**$39,306**	$36,501
Amortization of property and equipment	**$31,886**	$75,215
Hepatitis C program expenses	**$27,600**	$31,772
Insurance	**$27,406**	$25,279
Personal needs, medical and dental	**$26,997**	$24,390
Utilities	**$23,055**	$25,668
Bank charges	**$1,203**	$1,067
Fundraising expense	**$1,068**	$1,068
Print and promotion	**$0.00**	$1,138
	$2,526,094	$2,436,754

Excess of Revenues over Expenses	$152,508	$248,364

AUDITOR'S REPORT

Qualified Opinion

We have audited the financial statements of Wayside House of Hamilton (the Organization), which comprise the statement of financial position as at March 31, 2026, and the statements of changes in net assets, operations and cash flows for the year then ended, and notes to the financial statements, including a summary of significant accounting policies.

In our opinion, except for the possible effects of the matter described in the Basis for Qualified Opinion section of our report, the accompanying financial statements present fairly, in all material respects, the financial position of the Organization as at March 31, 2026, and the results of its operations and cash flows for the year then ended in accordance with Canadian accounting standards for not-for-profit organizations (ASNPO).

Basis for Qualified Opinion

In common with many charitable organizations, the Organization derives revenue from fundraising activities and donations, the completeness of which is not susceptible to satisfactory audit verification. Accordingly, our verification of these revenues was limited to the amounts recorded in the records of the Organization and we were not able to determine whether any adjustments might be necessary to contributions, excess of revenues over expenses, current assets and net assets. Our audit opinion on the financial statements for the year ended March 31, 2026 was modified accordingly because of the possible effects of this limitation of scope.

We conducted our audit in accordance with Canadian generally accepted auditing standards. Our responsibilities under those standards are further described in the Auditor's Responsibilities for the Audit of the Financial Statements section of our report. We are independent of the Organization in accordance with ethical requirements that are relevant to our audit of the financial statements in Canada, and we have fulfilled our other ethical responsibilities in accordance with these requirements. We believe that the audit evidence we have obtained is sufficient and appropriate to provide a basis for our qualified audit opinion.

Responsibilities of Management and Those Charged with Governance for the Financial Statements

Management is responsible for the preparation and fair presentation of the financial statements in accordance with ASNPO, and for such internal control as management determines is necessary to enable the preparation of financial statements that are free from material misstatement, whether due to fraud or error.

In preparing the financial statements, management is responsible for assessing the Organization's ability to continue as a going concern, disclosing, as applicable, matters related to going concern and using the going concern basis of accounting unless management either intends to liquidate the Organization or to cease operations, or has no realistic alternative but to do so.

Those charged with governance are responsible for overseeing the Organization's financial reporting process.

QUALITY IMPROVEMENT

This year we've focused our quality improvement efforts on two historically overlooked areas of service: pre- and post-treatment. Our in-house program remains as strong as ever, with an overwhelming majority of participants reporting improvements in self-efficacy, craving, hope, depression and anxiety. The goal now is to extend these benefits to more people by improving our waitlist strategy while revamping our aftercare program to ensure they're maintained for longer after graduation.

Pre-Treatment

We've taken Ontario Health's updated referral requirements as an opportunity to review our entire intake procedure from top to bottom. These requirements have reduced some barriers for clients while re-emphasizing the importance of our own in-house assessments. We know that early recovery is a critical period, so every new resident should enter Wayside House with a complete understanding of the program's goals and an established rapport with our staff.

To this end, we've assigned dedicated waitlist outreach staff and redoubled our connections with community agencies across the province. These changes have already reduced our wait times as well as our early discharge rate, which is a testament to our staff's compassion, flexibility and ability to maintain strong relationships with our referral partners.

Post-Treatment

On the other end of treatment, we continue to provide aftercare options to every graduate, but long-term retention rates are always a concern. This is an age-old gap in service, and closing it requires us to understand why graduates lose contact even after making such good strides in the program. Thanks to a generous grant from the Ontario Trillium Fund, we now have the resources to explore this question and pilot new services to address it. One such service is our new Progress & Outcomes Navigator, who follows our graduates, tracks their progress and provides support and referrals as necessary.

By learning more about the long-term determinants of recovery, we can center our aftercare efforts around them and make a more impactful program.

> **Wayside has been very beneficial and helpful with maintaining my sobriety. My time at the house was well spent and the counselors were very kind and respectful during my stay**
> **-MN**

> **Wayside gave my life back, through direction, support and accountability allowing me to live the life I deserve.**
> **-SH**

OUR IMPACT IN 2025

88%
Clients re-engaged with family

433
Individuals Served by Organization

3000
waitlist engagements

286
referrals processed

50
days average wait for service

7492
Resident bed days

3796
in-house groups held

392
aftercare & Supportive Housing meeting

7600
Volunteer Hours

THE WAYSIDE HOUSE HEP C TEAM

Who We Are

We are an outreach team that meets clients and patients wherever they're at home, a coffee shop, drop-in centre, etc. We have access to office space in the CMHA building for one-on-one visits with clients, and are open to seeing patients here, at another agency, or wherever patients feel most comfortable.

70 On-site tests

4869 Total Service Sessions

Our Mission

The Hepatitis C team follows the mission of the Ministry of Health & Long-term Care's AIDS & Hepatitis C programs: "To establish treatment services that will help curb the spread of the Hepatitis C Virus (HCV), by ensuring that people are diagnosed, and treated for Hepatitis C."

606 HIV tests

242 Syphilis tests

7974 Outreach contacts

Our Mandate

The Wayside House Hep C Team is funded by the Ministry of Health and Long Term Care's AIDS & Hepatitis C Secretariat to provide services, comprehensive medical care and treatment to individuals living with, affected by or at risk of acquiring the Hepatitis C Virus within the City of Hamilton, the City of Brantford, the Six Nations of the Grand River and the Mississaugas of the Credit First Nation.

751 Antibody tests

27 Treatmentinitiations

Our Services

- HIV and syphilis point of care testing
- OraQuick rapid antibody and RNA dry blood spot testing
- Hepatitis C treatment, counseling and case management
- Outreach to provide links to community care and resources
- Education & awareness programming
- Capacity building forprofessionals
- Harm reduction supplies
- Naloxone training and distribution

897 Unique Service Users

70 Education presentations
614 Participants

PATIENT HEALTH NAVIGATOR & HEP C EXPANSION

Over the past year, with support from the Allen and Milli Gould Family Foundation, the **social navigator** spent the past year meeting Ontario's hepatitis C priority populations directly in their communities, including people who use drugs, individuals experiencing homelessness or housing instability, street-involved youth, and those connected to the correctional system-where they are in the community. Operating with a trauma-informed and harm-reduction approach, she conducted targeted street outreach, visited local shelters, and dropped in at partner service sites.

Beyond providing harm reduction education and testing, her day-to-day work centered on dismantling complex barriers to healthcare. She facilitated low-barrier access to testing, scheduled medical appointments, and walked alongside participants to their appointments to offer continuous personal support.

Through her integration with Wayside House of Hamilton's Hep C team, she expanded this protective web of care across Hamilton and neighboring communities, including Brantford, Six Nations, and Mississaugas of the Credit First Nation. She provided holistic, wraparound support by guiding participants through every stage of their treatment journey-from initial screening to treatment adherence-while arranging essential social services like housing referrals, food security, and mental health resources.

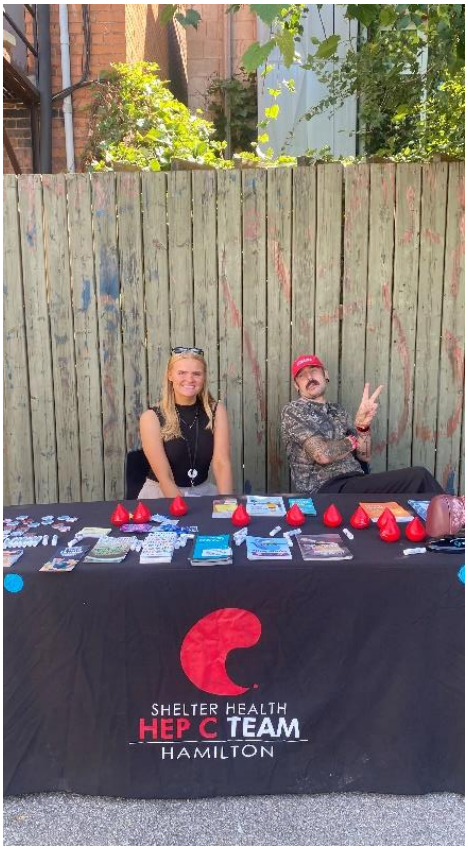
By collaborating closely with community partners and delivering ad-hoc care and warm handoffs, she ensured that high-needs individuals remained connected to compassionate, lifesaving health services.

During our 18-month needs assessment, we conducted:

- **403 unique, individual contacts**
- **314 people tested**
- **486 total tests**
  - **262 Hep C point of care antibody tests**
  - **212 HIV point of care**
  - **85 syphilis tests**
  - **14 HCV RNA tests**
- **24 education presentations**
  - **214 participants, both staff and clientele**

These results, along with conversations and interviews with agency staff and clients, tell us that there is a definite need for a Ministry- funded Hep C Team in the Brantford area.




SHELTER HEALTH
HEP C TEAM
HAMILTON


HEP C TESTING CAN TREAT


WORLD
HEPATITIS


SHELTER HEALTH
HEP C TEAM
HAMILTON


HEP C TESTING
HEP C TREATMENT
HEP C EDUCATION
NALOXONE TRAINING
HARM REDUCTION SUPPLIES
HIV TESTING
Six Nations Health Services
TEST. TREAT. TAKE BACK YOUR HEALTH
SHELTER HEALTH
HEP C TEAM
HAMILTON

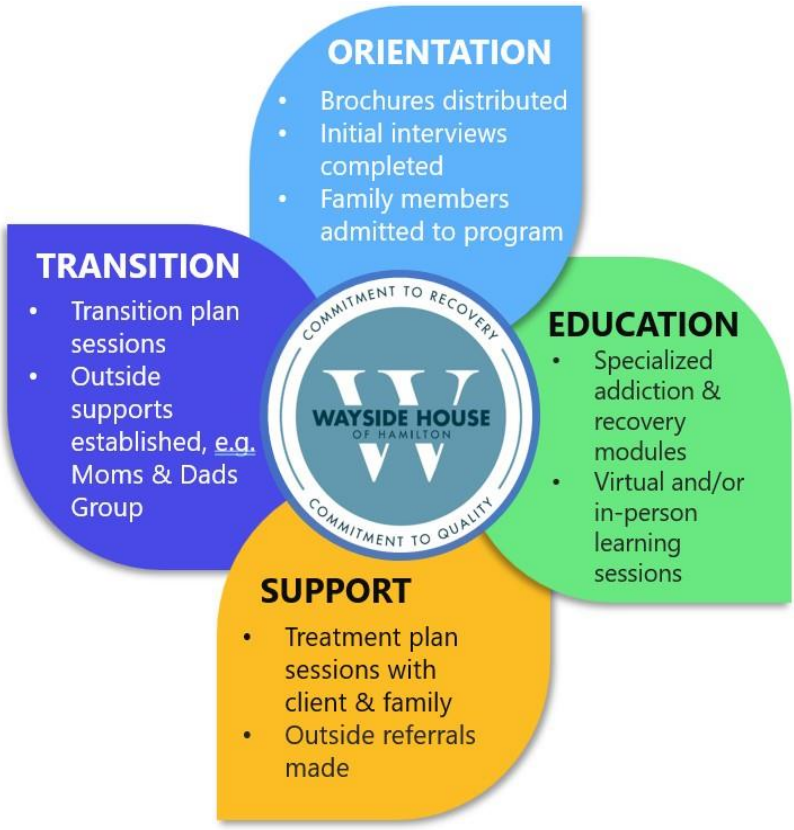
FAMILY PROGRAM

In 2026, the fifth full year of our Family Program, we provided education and support sessions to 27 Wayside House participants and their loved ones. These sessions complement the Core program by turning treatment and transition planning into a truly collaborative process. Our participants report that the Family Program provides insight into the recovery journey and the equally personal experience of having a loved one in recovery.

We also provide a selection of educational materials tailored to this experience. The addiction, recovery and relapse processes are described in accessible language designed to bridge the knowledge gap that sometimes exists between program participants and their loved ones. We aim to provide a common language with which family members can address possible pitfalls and recovery strategies.

We're inspired by the ongoing success of Wayside's newest program and are excited to expand it with the help and input of our participants.

"Does it increase the chances of recovery if you include the family? I believe it should. I would encourage you to include it in every case and will hope and pray for many success stories for us all."



Wayside House recognizes the generous support of The Foundation for Human Development, without which our Family Program could not function.

STEP UP FOR WAYSIDE 2025

This year's walk was a huge success entirely thanks to our wonderful community of clients, staff, family members and partner agencies.
Together, we are building community, creating momentum, and supporting men in recovery.

















Wayside House of Hamilton has been there for me when things seem most difficult.

When my life had shrunk and my world frayed, I reached out to Wayside, and they were there.

More so than helping me right myself, they continue to be there for me daily.

Not just the institution of Wayside, but also the community Wayside has fostered.

My continuing engagement with Wayside House after the program has been life-changing.

Recognizing Jason Paulley

Shelter Health Hep C Team Community Coordinator



Jason Paulley has been part of the Wayside House of Hamilton family since 2005, beginning his career with the organization as an Addiction Counsellor. Over the years, Jason's commitment to vulnerable populations, his ability to build relationships and his willingness to pursue new and innovative approaches to care led him into what would become a defining leadership role as Wayside's Hepatitis C Coordinator.

Jason has played an instrumental role in developing and expanding Wayside's Hepatitis C services. What began as a focused community initiative has evolved into a highly respected outreach program providing individuals with access to Hepatitis C information, counselling, testing, treatment, education and ongoing support.

At the center of Jason's work has always been the person.

Many of the individuals served through the Hep C Team face significant barriers to traditional healthcare, including homelessness, poverty, substance use, stigma, mental health challenges and social isolation. Jason has consistently understood that reaching people requires more than simply offering a service. It requires trust, patience, compassion and a willingness to meet people where they are.

Through his leadership, outreach has expanded throughout the City of Hamilton and into Brantford, Six Nations of the Grand River and the Mississaugas of the Credit First Nation, helping bring care directly to communities and individuals who may otherwise have remained disconnected from treatment.

Jason has also been instrumental in developing and strengthening partnerships with healthcare providers, community agencies, pharmacies, hospitals, Indigenous communities, funders and other organizations. These relationships have helped create more coordinated pathways to care and have contributed to improving the lives of countless men and women.

Behind the frontline work, Jason has worked equally hard to strengthen the program itself. He has helped improve reporting, data collection and accountability; maintained strong relationships with provincial funding partners; pursued grants and private-sector support; and continually looked for opportunities to enhance and expand programming.

His ability to balance compassionate frontline care with program development, accountability and partnership building has been an important part of the success and sustainability of Wayside's Hepatitis C services.

Jason leads quietly and respectfully. He brings understanding to people who are often misunderstood, dignity to individuals who have experienced stigma and hope to people who may have felt forgotten by traditional systems of care.

For more than two decades, Jason Paulley has demonstrated what it means to lead through compassion, innovation and service.

Wayside House of Hamilton is proud to recognize Jason for his extraordinary contribution to our organization, our community and, most importantly, to the countless individuals whose lives have been improved because someone was willing to reach out, listen and help.

Thank you, Jason, for your leadership, your compassion and your unwavering commitment to ensuring that care reaches the people who need it most.

Recognizing Ryan Kitchen

Program Manager



For more than 14 years, Ryan Kitchen has demonstrated a deep commitment to Wayside House of Hamilton and, most importantly, to the men and families we serve.

Dedicated, innovative and resourceful, Ryan has consistently approached his work with one guiding principle: put the client first. Whether developing thoughtful treatment plans, supporting seamless transitions, strengthening continuing care or simply being present when someone needs support, Ryan has always been willing to take the extra step.

His leadership is grounded in presence, reliability, compassion and respect. He understands that recovery does not end at discharge, but continues through connection, community support and ongoing engagement. His work has helped strengthen the continuum between residential treatment, community resources and long-term recovery.

Ryan brings valuable lived and professional experience to his role and continually looks for opportunities to improve programming and enhance the client experience. His focus remains on ensuring that Wayside provides respectful, evidence-informed and responsive care.

Ryan currently serves as Program Manager, and in recognition of his leadership and continued growth, the scope of this position will now expand in both responsibility and practice. He will take on a broader leadership role in shaping, coordinating and evaluating a comprehensive, outcomes-driven program that responds to the evolving needs of our clients and strengthens the overall quality of care provided at Wayside.

Ryan is also a devoted family man, supported by his wife and two children. We recognize that the commitment our staff bring to Wayside is often made possible by the families who support them, and we extend our appreciation to Ryan's family as well.

Ryan would be the first to acknowledge that Wayside's success is a team effort. Every staff member contributes to creating an environment of recovery, dignity and hope. At the same time, strong leadership matters, and Ryan has consistently demonstrated leadership through his actions, his respect for others and his willingness to serve.

As Ryan takes on this expanded role, we thank him for more than 14 years of dedicated service and look forward to the leadership, innovation and commitment he will continue to bring to our clients, our team and our organization.

Thank you, Ryan, for your commitment to Wayside House of Hamilton and for continuing to demonstrate that recovery and positive change are always possible.

MEDICAL ARTS PHARMASAVE PARTNERSHIP





For over 10 years, Wayside House has been privileged to work with the amazing team at Medical Arts Pharmasave. Every day, our clients benefit from the team's high-quality, personalized medication management. Recovery comes with a host of complex healthcare needs, and the Medical Arts team is always equal to the task of supporting our clients throughout their time at Wayside House and often beyond. We couldn't do what we do without them.

Our teams have forged a multi-faceted partnership over the last decade that extends far past the usual role of a partner pharmacy. Medical Arts is an invaluable contributor to our annual fundraiser as well as our Christmas dinner and, just this year, Damini Sandhu joined our Board of Directors as Treasurer.

Strong communities are the heart of recovery, and we are proud to have Medical Arts Pharmasave as such an integral part of ours. To Raj, Damini, Priya and the entire Medical Arts team: Thank you for everything you do!

BUILDING RECOVERY

In association with our founding partners and the Hamilton Community Foundation, 2026 has seen ongoing investment in future readiness at Wayside House of Hamilton. Development continues on our innovative $15 million facility in downtown Hamilton that will serve as a center for recovery services across the city. In an everchanging landscape of challenge and opportunity, Wayside House's commitment to recovery remains steadfast. Stay tuned to our website and social media for ongoing updates on this exciting venture!





Schematic plan of the proposed 4th floor of new building - conceptual illustration of the planned facility.

The proposed new build represents an important opportunity to create a stronger, more integrated model of care for people living with substance use and complex health needs. By bringing expanded residential addiction treatment together with high-acuity supportive housing, we can provide greater continuity from stabilization and treatment through to longer-term recovery. Built on strong partnerships with hospitals, primary care, community agencies and other service providers, the model is designed to bring services to the client rather than requiring the client to navigate a fragmented system. This creates opportunities for smoother transitions, earlier intervention and better coordination of care. It will also help reduce unnecessary pressures on hospitals and emergency departments while supporting people in the most appropriate setting. The new facility will provide the infrastructure needed to respond to increasing complexity and changing community needs. Most importantly, it is a future-ready investment in integrated, recovery-focused care that strengthens both client outcomes and the broader health system.

- Regan Anderson, CEO

ACKNOWLEDGEMENTS

This year we were fortunate to receive a Seed Grant from the Ontario Trillium Foundation to support our data collection and Progress and Outcome Monitoring work. This grant enables us to gather longitudinal data from our post-discharge clients for the betterment of the program and to keep clients connected to Wayside House from their home communities.

For several years now we have been grateful to receive the City of Hamilton's City Enrichment Funding to support our core treatment program. Thanks to the City of Hamilton's commitment to our organization, we are able to provide supplies and support programming for our clients.

Wayside helped me turn my life around with their amazing program, staff and community. With the accommodating help of this treatment centre I now have a year and a half of sobriety and am driven to maintain this lifestyle. I was there during the holidays and they exceeded expectations making a rehabilitation house feel like a home. Thank you Wayside and thank you Bob for everything.
- ZA

Wayside saved my life and gave me a purpose. In my addiction I was lost, scared and alone. I now have a group of people that aren't just my support system, they are my family. It was the best decision I've ever made, and although I am the reason I quit drugs and alcohol, I never could have imagined it without Wayside! - MW

ACKNOWLEDGEMENTS

We would like to extend our heartfelt gratitude to everyone who supported us this past year. To the hundreds of people who donated and participated in Step Up for Wayside 2025 Thank you for helping us raise crucial funds to support our mission.

To our alumni, their families, and their friends: we appreciate your continued dedication. And to our community partners, municipal government, social services, and corporate supporters: you rose to the occasion.

Together, you made a real difference and that's what truly matters. Wayside wouldn't be where we are today without each of you.

Ontario Health has also played a vital role by investing in our programs, staffing, and infrastructure.

Valued partners help us achieve outcomes that drive success and secure strong recovery plans for hundreds of men across the province.

Most importantly, we honour our clients, the men who come from across the province seeking support, compassion, and understanding.

To those still struggling, those who fear change, the lives we've lost along the way, and to the families-mothers, fathers, sisters, brothers, sons, and daughters-who stand by their loved ones through their darkest times: we hold you in our hearts.

Wayside truly saved my life. When I was at my lowest and completely hopeless, they gave me hope and the motivation to live and embrace life again. I couldn't be more grateful for the program, the staff, the community and the knowledge/tools they gave me. Wayside is more than just a rehab facility; it is a beacon of hope! Thank you, Wayside, for saving my life!
- KF

Wayside house isn't just a treatment facility, but a home. The staff are fantastic and are there for you every step of your recovery journey. It is needless to say that Wayside was the best decision I have ever made!
- MW

Thank You

Together We Create Possibility